Selected Program Impacts
• A longitudinal study conducted by Tufts University (http://4-h.org/about/research/) found that 4-H’ers are:
  - 4 times more likely to contribute to their communities
  - 2 times more likely to make healthier choices
  - 2 times more likely to be civically active
  - 2 times more likely to participate in STEM programs

• Over 33,000 youth gained knowledge and skills related to agriculture, including animal science and horticulture.

• Over 16,000 youth gained knowledge and skills related to healthy lifestyle choices, including fitness, nutrition, safety, and substance abuse prevention.

• Over 38,000 youth gained knowledge and skills related to science and technology, including biology, computers, and electronics.

• Almost 10,000 youth are contributing members of society through their service learning and citizenship and leadership projects.

New Mexico 4-H Delivery Modes
• School Enrichment Programs
  4-H school enrichment groups take place during normal school hours, and help enhance knowledge of such topics as agriculture in the classroom, embryology, gardening, farm safety, aerospace, animal science, health and safety, environmental education, nutrition, and fitness.

• Special Interest Programs
  4-H special interest groups take place after school hours and focus on topics such as water conservation, communications, ecology, gardening, nutrition and fitness, beekeeping, rockery, service learning, robotics, aerospace, and food safety.

• Club Programs
  4-H’ers can join a club, which meets on a regular basis during the program year. Clubs focus on subject matter training, leadership opportunities, and service projects at the club, county, and state levels.
State 4-H Events
- Senior Leadership Retreat
- Home Economics School
- Youth Getaway
- State and District Contests
- State 4-H Shooting Sports Championship
- Horse School
- Regional Livestock Schools
- State 4-H Conference
- State and County Fairs
- 4-H Rodeo
- Photography Contest
- Essay Contest
- 4-H Dog School
- 4-H Adult Forum (for adult leaders)

Regional/National Events
- Western Region Leaders’ Forum
- National 4-H Contests
- Citizenship Washington Focus
- National 4-H Week
- National 4-H Congress

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