



What: New Mexico 4-H Home Economics Schools

When: March 16-18, 2012

Where: Valencia High School, Los Lunas

Who: Any 4-H Member with an interest in Home Economics.

Fees: \$65 per youth participant; \$35 per adult volunteer

- **Food Preservation & Gifts School:** Learn the basics of food preservation and designing gifts from the kitchen. Pilot activities from new 4-H Projects
- **Creative Touches & Denim School:** Recycle your clothing into denim crafts and new garments by using the Creative Touches and Duded Up Denim Projects.
- **New Mexico Cultural Projects School:** Learn about NM culture, crafts and food while exploring the three cultural projects
- **Outdoor Cooking:** From grilling to solar ovens – learn about cooking outdoors, including food preparation and food safety concerns.
- **Home Ec School Photographers:** Learn about taking quality photos, putting together slideshows and creating marketing materials. 4-H Members may apply to be part of this special team at the 2012 Home Economics School.
- **Junior Instructors:** Senior 4-H members who are at least 15 years old may apply to serve as junior instructors. Junior Instructor learn leadership skills by assisting with tracks and activities throughout the event.

All tracks are first come first serve. Youth and chaperones must be registered through their County Extension Office.

More information is available from your County Extension Office or online at <http://nm4h.nmsu.edu>

The New Mexico 4-H Home Economics Schools are designed for 4-H members ages 9-19 who are interested in learning skills related to Home Ec Projects and finding out about project opportunities in New Mexico. 4-Hers choose one track per year. All participants will be engaged in service learning projects, fun evening activities and fitness activities throughout the weekend.

