



New Mexico 4-H Greentop Project Guide



New Mexico 4-H Is A Program of New Mexico State University's Cooperative Extension Service

**400.F-49
(N-2004)**

New Mexico Flavor

New Mexico is called The Land of Enchantment because of its beautiful scenery, rich culture and unique authentic food. Taking this project, you will appreciate the state's rich culture and learn about the importance of agriculture in New Mexico.

4-Hers will:

- Learn how to grow and harvest chile
- Make a chile ristra
- Prepare salsa and flour tortillas
- Make New Mexico hot chocolate
- Decorate a recipe box and holder
- Make a special craft item using native materials

Materials that are Included With this Project

- 4-H Project Record Sheet 300.A-7 (R-02)
- New Mexico Flavor Greentop 400.F-49 (N-04)
- New Mexico Flavor 100.F-49 (N-92)

What Can Be Done

Club:

Give demonstrations on:

Making salsa

Making flour tortillas

Growing chile

Making ristras

Decorating recipe boxes

Visit:

New Mexican food restaurants (ask for a tour of the kitchen)

Chile farms or processing plants

Invite a chile producer as a guest speaker

New Mexico State University is an equal opportunity/affirmative action employer and educator.
NMSU and the U.S. Department of Agriculture cooperating.

County:

Enter a plate of 6 green chiles

Enter a plate of six red chiles

Enter a chile ristra you made

Enter a plate of 3 homemade flour tortillas

Enter a recipe box

Enter presentations or public speaking county contests

Participate in Favorite Foods at County Contests

District/State

Give a presentation or speech at District or State Contests

Participate in Favorite Foods at District or State Contests

Other Relevant Projects

Uniquely New Mexico	appreciate, preserve and share the heritage of New Mexico
New Mexico Roundup	introduction to the variety of New Mexico foods and the culture that brings those foods to us.
Public Speaking	give a speech on the Land of Enchantment.
Horticulture	learn about growing chilies and other plants
Wildlife	learn about animals native to New Mexico
Wood Science	reate southwest designs out of wood
Family Life	talk to older people who have lived in New Mexico and learn about our history
Fibercraft	learn to make southwest crafts from yarn and other textiles
Creative Touches	embellish clothes with a New Mexico flare
Foods & Nutrition	learn more about nutrition and New Mexican foods
Housing & Interior Design	decorate your room in traditional New Mexican style
Arts & Crafts	create southwest and New Mexican crafts or artwork