

# 2017 New Mexico 4-H Adult Forum

Date: November 11, 2017

Location: Socorro County  
Extension Office  
198 Neel Avenue  
Socorro, NM 87801

Cost: \$40  
Registration Fee  
includes program,  
lunch and breaks



New Mexico 4-H Adult Forum 2017

## What is it about?

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| <input checked="" type="checkbox"/> Enthusiasm | <input checked="" type="checkbox"/> Service     | <input checked="" type="checkbox"/> Workshops      |
| <input checked="" type="checkbox"/> Networking | <input checked="" type="checkbox"/> Fresh Ideas | <input checked="" type="checkbox"/> Learn by Doing |

## Schedule of Events

8:30-9:00 am	Registration; Auction/Doorprize Drop Off; Display Set-up
9:00-9:45 am	Welcome; Get Acquainted Activity
9:45-11:15 am	Workshop Session 1
11:15-Noon	Networking & Energizing
Noon-1:00	Lunch
1:00-2:30 pm	Workshop Session 2
2:30-3:00 pm	Break – Final Auction Bids
3:00-4:00 pm	Workshop Session 3
4:00-5:00 pm	Closing Session



All About Discovery!<sup>TM</sup>  
College of Agricultural, Consumer  
and Environmental Sciences  
Cooperative Extension Service  
Extension 4-H Youth Development



If you are an individual with a disability who is in need of an auxiliary aid or service to participate in this event, please contact Mindy Turner at 575-646-1166 by October 15, 2017. Thank You!

New Mexico State University is an equal opportunity/affirmative action employer and educator. NMSU and the U.S. Department of Agriculture cooperating.

# Service Opportunity

In honor of Veterans' Day we will be serving those who serve. Our own Paula Grady will be giving us insight into being a military wife and the ins and outs of a military family, helping us understand the need for our continued support.

We have identified two organizations that support military families in times of crisis:

- The Mission of Sew Much Comfort is to provide FREE adaptive (velcro closures) clothing to support wounded service members from all branches of the Military and National Guard. Clothing is provided through hospitals and to individuals around the country.
- A Fisher House is "a home away from home" for families of patients receiving medical care at major military and VA medical centers. The Fisher House located in El Paso, Texas, serves many New Mexico military families when they need lodging while a veteran or active duty military person receives medical care. We will be stuffing informational bags on sight for this Fisher House facility.

We are asking participants to bring gift cards (in any denomination) that will be divided between these two worthy endeavors. Gift cards are used to purchase supplies as needed – with both organizations, 100% of the donation goes to products for the military families. Cards may be for grocery stores, box stores, pharmacies or discount/superstores.

Make & Take	Silent Auction	Door Prizes	Displays
New Mexico 4-H offers over 200 projects for youth to find their interests and talents. Make and Take activities will provide leaders an opportunity to explore new projects and put a fresh face on some old favorites.	Donations may be made to a silent auction conducted during Forum. Bring any item you would like to donate to the auction table during registration. Proceeds are used to provide scholarships for volunteers to attend WRLF and future state Forums.	Each county is asked to bring at least one door prize with a value of \$5-\$10. Individual donations are also accepted. Door prizes will be accepted at Forum registration and given out throughout the day.	If your club or county would like to provide a display, please indicate your intent on the registration form. Each display will be allotted half of a five foot (5') table for set up. Space is limited and available first-come, first-served.

## 2017 Forum Planning Committee

Amy Smith	Berenice Coriz	Cheryl Stumpff	Cindy Grooms
Janet Randeau	John Allen	Jolene Vigil	Katie Ramsey
Kim Allbright	Lisa Neal	Lucille Jones	Mary McWilliams
Matilda Arviso	Melissa Woodall	Michael O'Neil	Molly Hayes
Monica Wilder	Patricia Smith	Paula Grady	Ralph Stumpff
Rosalie Lopez			

# Workshop Descriptions

<b>Session 1 - 9:45-11:15 am</b>	<p><b>1a. Social Media As A Tool - The Good and Bad</b> In this workshop, we will discuss the use of Social Media in your 4H programs and discuss the positives and negatives of using such tools. We will look at using Social Media as a tool to recruit as well as the impacts of using such technology.</p> <p><b>1b. Build Your Foundation: Understanding the Needs of 4-H Volunteers</b> 4-H is dependent on a strong volunteer force to provide quality programs. Volunteers across the state of New Mexico were surveyed to determine the key factors that influenced their decision to enroll as a 4-H volunteer. The data from this survey provides insight into the reasons volunteers come to 4-H and why they stay. This workshop will focus on ways to recruit and retain volunteers, so your 4-H program will have a strong foundation!</p> <p><b>1c. What's the Matter with Kids Today?</b> Suicide has been called an epidemic among teens in New Mexico. Youth are engaging in harmful activities due to mental illness and drug abuse. This workshop will provide a look at what teens are facing today and educate adults on best practices to help our youth help themselves.</p> <p><b>1d. New Mexico 4-H Culture in Action</b> The New Mexico Cultural Projects are a staple of the 4-H Program. Come learn about the updates happening to these projects and share your insights.</p>
<b>Session 2 - 1:00-2:30 pm</b>	<p><b>2a. Red Rover, Red Rover...Let Everyone Come Over</b> Inclusion is one of the essential elements of a positive youth development program. In this workshop participants will learn the importance of making sure that everyone feels welcome and included. They will also learn strategies and be given resources to help all club members create an inclusive environment.</p> <p><b>2b. The Science of It All: 4-H Science Trunks</b> From solar cars to brush bots, there are tons of fun science and engineering activities that can enhance a meeting and engage youth. Come and learn about the science trunks available through your county Extension office and how you can keep youth active and learning all at the same time.</p> <p><b>2c. Preparing Youth to Present: Training for Competition &amp; Leadership Positions</b> Speaking skills are a vital part of the leadership experience in 4-H. This workshop will equip leaders to better prepare youth for public speaking and interviews, enabling them to be more confident and successful in pursuing jobs, scholarships and awards.</p> <p><b>2d. Gardens Help Us Grow: 4-H Horticulture</b> Community gardens, horticulture projects, healthy snacks...it all works together. This workshop will look at ways to tie horticulture to what we eat and engage youth in a variety of activities where they will learn not only how things grow, but why it matters.</p>
<b>Session 3 - 3:00-4:00 pm</b>	<p><b>3a. Are You Gonna Eat That? Quality Assurance in 4-H Livestock Projects</b> 4-H Livestock projects teach youth responsibility and a love for agriculture. Ideally, they should also be educating youth on how animal husbandry affects the food we eat. This workshop will explore ways to help youth maintain the integrity of their project while assuring the quality of the final product.</p> <p><b>3b. 4-H Horse Project—Building a Program, Keeping a Program</b> Participation in horse activities throughout the state might be low, however, there is still interest in the program, and wherever there is a spark a fire can grow. A solid horse program involves more than just a horse show. Learn some fun ideas for building a good foundation to your county horse program. We also want to group discuss your ideas and thoughts regarding horse activities in the state.</p> <p><b>3c. Ca\$h in on 4-H Skills!</b> How do we connect youth with valuable 4-H projects skills learned and future life/work? Learn tips, strategies, and tools to assist you with integrating career education and development in your club meetings, project leadership, and adult/volunteer trainings or parent guidance. Teach youth how to cash in on 4-H...all their lives!</p> <p><b>3d. Making 4-H Relevant for Senior 4-H Members</b> Being relevant is crucial to growing and maintaining your senior 4-H membership in your 4-H programs. This workshop will discuss solutions and ideas to involve senior 4-H members and to celebrate their perspectives!</p>

# Registration Form

Please submit one form per person

Name	Email	
Phone	County	
Address		
City	State	Zip

Optional T-shirt:  S  M  L  XL  XXL

\*Tshirts are available for an additional \$10.

Please Check:  Adult 4-H Leader  
 Cooperative Extension Faculty/Staff  
 4-H Parent

I agree to have my contact information shared with other Forum participants.

I do not want my contact information shared.

I have the following special dietary requirements:  Vegetarian  Other (Specify)

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## Workshop Preferences (please rank 1st-4th choice in each time frame)

### Session 1 - 9:45-11:15 am

- 1a. Social Media As A Tool - The Good and Bad
- 1b. Build Your Foundation: Understanding the Needs of 4-H Volunteers
- 1c. What's the Matter with Kids Today?
- 1d. New Mexico 4-H Culture in Action

### Session 2 - 1:00-2:30 pm

- 2a. Red Rover, Red Rover...Let Everyone Come Over
- 2b. The Science of It All: 4-H Science Trunks
- 2c. Preparing Youth to Present: Training for Competition & Leadership Positions
- 2d. Gardens Help Us Grow: 4-H Horticulture

### Session 3 - 3:00-4:00 pm

- 3a. Are You Gonna Eat That? Quality Assurance in 4-H Livestock Projects
- 3b. 4-H Horse Project—Building a Program, Keeping a Program
- 3c. Ca\$h in on 4-H Skills!
- 3d. Making 4-H Relevant for Senior 4-H Members

Yes, I will set up a display

Topic
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I will not set up a display

## Make checks payable to New Mexico 4-H (No refunds after October 30, 2017)

All completed registration forms and fees should be mailed to: NM 4-H Adult Forum, State 4-H Office, MSC 3AE, PO Box 30003, Las Cruces, NM 88003.

- Registration fee \$40 prior to October 15.
- Late Registration (October 16-October 31): \$50
- Optional t-shirt \$10 (please indicate size above)

Total paid: \$\_\_\_\_\_