



## 2012 Participant Information

The New Mexico 4-H Home Economics Schools are designed for 4-H members ages 9-19 who are interested in learning skills related to Home Ec Projects and finding out about project opportunities in New Mexico. 4-Hers choose one track per year. All participants will be engaged in a service learning project and fun evening activities.

### Directions

This event will be held at Valencia High School located at 310 Bonita Vista Blvd between Belen and Los Lunas. A map with directions is available on the *4-H website* > *State and National Events* > *Home Economics Schools* or from your County Extension Office.

### Arrival Time

Check in time for participants is 5:30-6:00 p.m. on Friday, March 16, 2012. Junior Instructors will need to check-in at 3:00 p.m. Activities will begin at 6:30 pm. We will have refreshments that evening, but not a meal. Please have dinner before arriving at the facility.

### Departure Time

Do not plan to leave prior to 11:30 am on Sunday, March 18. Lunch will **not** be provided.

### Policies

- The New Mexico 4-H Home Economics Schools are a unique experience where each participant and Junior Instructor demonstrates the personal character that 4-H is respected for. Please sign a **Combined Liability Form\*** which is policy for all state 4-H events. Each youth participant and Junior Instructor must have a signed **Combined Liability Form\*** on file before they will be allowed to participate in the event. Activities during Home Economics School are often videotaped or photographed for promotional purposes. \*These forms are available online or from your County Extension Office – youth will not be allowed to participate without all required signatures and forms. All youth, junior instructors and chaperones must register through their county extension office.
- All clothing (including pajamas and bed clothes) must meet the Event Clothing Guidelines. We will be participating in fitness activities throughout the weekend so youth are encouraged to wear loose fitting, workout attire to allow full participation. Due to safety concerns, all participants must wear closed toed shoes during activities and tracks.
- Youth and chaperones are expected to attend the event in its entirety, please do not play to arrive late or leave early.

### Insurance

All participants are covered by American Income Life Insurance for accidents and illnesses from the time they leave home with a designated chaperone until their return. Please report any accidents or illnesses to Mindy Turner. If you have medications that you take regularly, please bring them to the school and declare them at registration. Ms. Turner will be in charge of medication and first aid throughout the event.

### **Chaperones**

Each county must designate a chaperone (or make arrangements with another county for their youth to be chaperoned). Chaperones must be screened, enrolled 4-H leaders or Extension Staff meeting the guidelines in the NM 4-H Policy & Procedures Manual 200.A-3 (R-11). Chaperones will not be allowed to participate in tracks due to limited space. Chaperones must register and pay a fee to cover cost of meals during the event.

### **Junior Instructors**

Senior 4-H members who are at least 15 years old (at the time of the event) may apply to serve as junior instructors. Junior instructor applicants must be enrolled in an appropriate project area to be considered and will not be considered registered until they are accepted to serve. Junior instructors will be under the direct supervision of the School Instructors and do not require a separate chaperone. Though they are not being paid, this should be considered as a job – junior instructors are expected to participate fully as directed by instructors and abide by all policies of the NM 4-H Program and this event. There is no registration fee if a youth is selected to serve as a junior instructor; however they are responsible for travel to and from the event.

### **Phone Messages**

Cell phones will only be permitted during breaks or in the evening when no scheduled activities are being conducted. Mindy's cell number is (575) 491-4191. In the event of an emergency, contact Mindy and she will locate your child.

### **What to Bring**

This event will be a lock-in—that is to say that members and chaperones will spend the night in the gymnasium and utilize the locker room facilities. Participants will need to bring bedding, towels and toiletries.

#### **Some things to Remember:**

- Pajamas
- Bedding/Pillow/Sleeping Bag/Air Mattress
- Soap/Shampoo/Toothbrush/Toothpaste
- Comb & Brush
- Towel & Washcloth
- Shower Shoes
- Hairdryer

Please be sure all personal belongings are marked with your name. We are not responsible for clothing or articles left behind. Music players and other electronics will not be allowed during any scheduled activity. We are not responsible for lost or damaged electronics that you choose to bring to this event. A lawn chair may also be brought for use in the gym.

### **Meals**

The Saturday evening meal will be provided and is covered in your registration. Breakfast on Saturday and Sunday will be provided as will lunch on Saturday. Some refreshments will be available in the evenings. Remember – you will **need money** for dinner on Friday (travelling) and lunch on Sunday (travelling).

### **Registration and Refunds**

Registration for each track is first come first serve – we are limited in each track. If you miss the cutoff, you will be placed on the waiting list. If you cancel, refunds will only be made after the event is completed and only if the vacated spot can be filled from the waiting list.