400.F-51
(N-2004)

New Mexico Roundup

4-H members will be introduced to the variety of New Mexico foods and the culture that brings those foods to us.

You will learn:

- About some of New Mexico’s history and traditions
- How to grow pumpkins
- How to prepare foods from New Mexico’s agricultural products
- How to plan a one-day menu using the *New Mexico Foodscape*
- How to twist or braid a rope and use it in a craft project
- How to weave miniature saddle blankets

Materials that are Included With this Project

- 4-H Project Record Sheet 300.A-7 (R-02)
- New Mexico Flavor Greentop 400.F-51 (N-04)
- New Mexico Flavor 100.F-51 (R-98)

What Can Be Done?

**Club:**

Give demonstrations on:
New Mexico’s history and traditions
Growing pumpkins
Preparing foods from New Mexico’s agricultural products
How to plan a one-day menu using the *New Mexico Foodscape*
How to twist or braid a rope
How to weave miniature saddle blankets

Participate in a bicycle rodeo
Visit local gardens
Attend a rodeo
Visit a local ranch or dairy
Invite a rodeo participant, announcer or clown

New Mexico State University is an equal opportunity/affirmative action employer and educator. NMSU and the U.S. Department of Agriculture cooperating.
County:
Enter a project made from handmade rope
Enter a set of 4 mug rugs
Enter a plate of 3 sourdough biscuits
Enter a plate of beef jerky (4 strips)
Enter a pumpkin
Enter a rodeo flag
Enter presentations or public speaking county contests
Participate in Favorite Foods at County Contests

District/State:
Give a presentation or speech at District or State Contests
Participate in Favorite Foods at District or State Contests

Other Relevant Projects

New Mexico Flavor  Introduces the rich culture and importance of agriculture in New Mexico.
Uniquely New Mexico  appreciate, preserve and share the heritage of New Mexico
Public Speaking  give a speech on the Land of Enchantment.
Wildlife  learn about animals native to New Mexico
Wood Science  create southwest designs out of wood
Family Life  talk to older people who have lived in New Mexico and learn about our history
Fibercraft  learn to make southwest crafts from yarn and other textiles
Creative Touches  embellish clothes with a New Mexico flare
Foods & Nutrition  learn more about nutrition and New Mexican foods
Housing & Interior Design  decorate your room in traditional New Mexican style
Arts & Crafts  create southwest and New Mexican crafts or artwork
Rodeo  learn more about rodeo in New Mexico and compete in 4-H events

Wilson, 02/2004