Uniquely New Mexico

This project continues the introduction to New Mexico’s culture from growing to eating.

4-Hers will learn:
- History and tradition of the state of New Mexico
- How to grow corn
- How to make a cornhusk doll or cornhusk necklace
- How to make a piñata
- How to prepare foods unique to New Mexico

Materials that are Included With this Project
- 4-H Project Record Sheet 300.A-7 (R-02)
- Uniquely New Mexico Greentop 400.F-50 (N-04)
- Uniquely New Mexico 100.F-50 (N-96)
- Uniquely New Mexico Leader’s Guide 200.F-49 (N-96) is also available

What Can Be Done?

Club:
Give demonstrations on:
Growing corn
Making a cornhusk doll or corn necklace
Making biscochitos, corn tortillas, tortilla chips and chile con queso
Making a piñata

Visit a corn farm or production plant
Take a tour of your county

Invite a local storyteller or historian
County:
Enter a piñata or a cornhusk doll
Enter a recipe box with recipes
Enter a plate of 3 biscochitos
Enter a plate of 3 ears of corn
Enter a journal about your county trip
Enter a plate of 3 homemade corn tortillas
Enter presentations or public speaking county contests
Participate in Favorite Foods at County Contest

District/State:
Give a presentation or speech at District or State Contests
Participate in Favorite Foods at District or State Contests

Other Relevant Projects

New Mexico Flavor  Introduces the rich culture and importance of agriculture in New Mexico.

New Mexico Roundup  continues teaching appreciation for New Mexico culture, agriculture and foods.

Public Speaking  give a speech on the Land of Enchantment.

Horticulture  learn about growing corn and other plants

Wildlife  learn about animals native to New Mexico

Wood Science  create southwest designs out of wood

Family Life  talk to older people who have lived in New Mexico and learn about our history

Fibercraft  learn to make southwest crafts from yarn and other textiles

Creative Touches  embellish clothes with a New Mexico flare

Foods & Nutrition  learn more about nutrition and New Mexican foods

Housing & Interior Design  decorate your room in traditional New Mexican style

Arts & Crafts  create southwest and New Mexican crafts or artwork

Wilson, 02/2004