

**Western Regional Leaders' Forum 2010**

**March 11-14, 2009**

**Workshop Descriptions**

**Friday, March 12**

**10:30-Noon**

<b>90 Minute Sessions</b>
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**How to Get First Year 4-Hers to Come Back for Seconds**

*Kevin Branum, NM*

*John Villalba, NM*

It's not all about recruitment, recruitment, recruitment. This workshop will give you ideas and activities that you can use to try and make sure that once you have recruited new families and youth to the 4-H program they come back for a second year. This workshop will provide material that should be beneficial to 4-H agents, project leaders and volunteer leaders.

**Keeping 4-H Senior Members Active**

*Katie Ramsey, NM*

*Joshua Ramsey, NM*

Is your 4-H club or program losing senior 4-H members? Do you want your senior 4-H members to stay involved? These young adults require a unique attitude and approach in order to keep them motivated and interested in 4-H. Attend this workshop in a fun learning environment to receive a fresh outlook for working with senior 4-H members.

**Getting Set to lead SET**

*Pam Garza, National 4-H Council*

*Kirk Astroth, AZ*

Ready, SET, Go? This hands-on, experiential workshop will help you be SET-ready for 4-H. In this session, you will learn about what it takes to really implement 4-H science, engineering and technology programs at the local level. Not a scientist? Don't worry—in this workshop you can learn how to help guide youth through inquiry-based activities without being an "extreme scientist."

**UA 4-H Volunteers CARE: Commit, Achieve, Renew and Educate – Part I**

*Bob Peterson, AZ*

*Brent Strickland, AZ*

*Darcy Tessman, AZ*

*Stephanie Shank, AZ*

*Jerry Olsen, AZ*

Volunteers who attend these workshops will leave with a new understanding of the why's and how's of positive youth development. They will have new tools and some practical experience in using those tools to design and implement a positive atmosphere for their 4-H club.

**Using Recognition to Get The Most Out of Your Club's Membership**

*Kim Reaman, WY*

How are members, leaders, and parents recognized for the good work they do in your 4-H Club? Recognition is a key part of keeping everyone motivated and excited about 4-H. A well rounded recognition program includes sending a message that says "we are glad you are part of our group", along with recognizing individuals for their work and groups for how they cooperate to accomplish a task.

**Friday, March 12**

**10:30-Noon**

**90 Minute Sessions (continued)**

**Uniquely New Mexico**

*Carmen Driskell, NM*

*Jennifer Driskell, NM*

Come learn about the Flavors and Crafts of NM. Hear about the history of NM while you make your own tortillas and butter to eat. You'll also make a cornhusk doll and corn necklace to take home and share with your clubs. There is a \$5 fee for this workshop to cover materials.

**Capitalizing on Communication**

*Cody Stone, MT*

Communication is a constant; it's how we interact, educate, and inform. But are we capitalizing on our communication skills? Learn tips and techniques for effective communication while participating in an interactive workshop that you can easily replicate for 4-H youth and adults with which you work. Come laugh and learn as we Capitalize on Communication.

**Bee-zy 4-H**

*Steve Lucero, NM*

*Chris Behl, NM*

Bee-zy 4-H is an interactive workshop where participants will have an opportunity to learn basic bee keeping and learn entrepreneur opportunities for 4-H youth through the bee keeping project.

**Leathercraft - Creating Leather Treasures**

*Jim Linnell, Tandy Leather*

Participants in this workshop will create a small leather project they will take home with them. This FREE workshop will teach the basics of leatherworking and participants will learn many techniques for imparting this information to young people. Always a popular workshop and always a lot of fun.

**Friday, March 12**

**10:30-Noon**

**45 Minute Sessions\***

**\*You are signing up for two 45 minute sessions in one 90 minute slot – workshops are already paired and you are signing up for the pair. Presenters will determine the order of presentation when they arrive at WRLF.**

**A Horse is a Horse: Technology in Teaching**

*Jason Turner, NM*

How can youth learn about judging horses with no horses? Technology can be a great teacher, even in the equine field. Come and learn about the resources that are out there to train youth about horses, horse judging and more! Participants will also receive pointers on creating their own training materials such as podcasts, blogs and videos.

**Urban Program - 4-H Bike School**

*Christy Rubio, NM*

Do you have a hard time getting youth from "in town" to participate in 4-H programs? Do they say "4-H is just cookies and cows!?" This workshop will give you the tools to implement a 4-H Bike School, and bring those in town youth to your program. Every kid has a bike...right!? Using the Bicycle Adventures project material, along with state and local programs that might be available in your area, you can have a successful Bike School in your county. Come and find out how you can start this program!

**Friday, March 12**

**10:30-Noon**

**45 Minute Sessions\*(continued)**

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**Are you a 4-H Pig or Chicken?**

*Michelle Stearns, NM*

Trying to decide the role each person plays in your 4-H community? Trying to map out the best way to use everyone and what they have to offer? This workshop will get you thinking outside of the box in a new and fun way. You will leave this workshop with a whole new perspective on how to organize the community of 4-H individuals you work with and how to all work together in a unique and cohesive way.

**Joining 4-H: How to Survive Jumping onto a Moving Train**

*Eva Madrid, NM*

*Rafael Realivasquez, NM*

For some parents/guardians, joining 4-H can appear as if they have jumped on a moving train. Figuring out the process can be frustrating. In this workshop, learn steps on how to conduct a new parent orientation and provide parents with necessary information as they begin their 4-H experience with their children.

**Friday, March 12**

**1:30-5:00 pm**

**Extended Sessions**

**Leathercraft - Creating Leather Treasures**

*Jim Linnell, Tandy Leather*

Participants in this workshop will create a leather book cover that they will take home with them. This FREE workshop will teach the basics of leatherworking and participants will learn many techniques for passing this information to young people. Always a popular workshop and always a lot of fun.

**Let's Go Fishing**

*Steve Lucero, NM*

*Ti Piper, NM*

"Let's Go Fishing" is a hands on workshop that will take youth and leaders on a journey that includes the old time favorites of fishing. Participants will learn to bait, lure, and fly fishing skills while fishing at a city park for trout, catfish, bluegill and bass. Participants will have an opportunity to develop an action plan for their region's 4-H groups and establishing a partnership with their State's Department of Game & Fish. There is a \$ fee for this workshop.

**4-H Working Ranch Horse Program**

*Amy Star, CO*

The 4-H Working Ranch Horse program is designed to expand the 4-H horse program to include members that otherwise may not be interested in 4-H. A 4-H member can use a horse of any breed and must perform a variety of activities that show the useful skills they have in partnership with their horse. Program outcomes include increased participation, knowledge gained in the areas of safe horsemanship, cattle flight zones, ranch roping techniques and advanced trail skills. Life skills learned through this program include record keeping, communication between horse and rider, teamwork and decision making. There is a \$5 fee for this workshop.

**Friday, March 12**

**1:30-5:00 pm**

**Extended Sessions (continued)**

**4-H Shooting Sports – Shotgun for Leaders 101**

*Kevin Branum, NM*

Do you like teaching kids? Do you enjoy being a sportsman? Do you want to make a difference in someone's life? If you answered yes to any of these questions, then this workshop is for you. Leaders and educators of all skill levels are encouraged to better their own marksmanship skills as well as learn how to improve the marksmanship skills of the youth they work with. This workshop will be off site at a local range and participants will each shoot a round of trap and a round of skeet following hands-on instruction. **Firearms will be provided.** (Bring your own hearing protection and eye protection if preferred, otherwise it will be provided.) There is a \$15.00 fee for this workshop.

**Friday, March 12**

**1:30 – 3:00 pm**

**90 Minute Sessions**

**Understanding How YOUth Learn**

*Warren Crawford, WY*

Have you wondered why some people jump into learning with both feet while others observe from a distance? In this workshop participants will learn the characteristics of each learning style and how each differs in their approach to learning. Participants will then learn how to adapt their project meetings and learning activities to create the best possible learning environment for participants.

**Parli Pro 101**

*Jamie Davis, OR*

Do you feel overwhelmed with the task of incorporating Parliamentary Procedures into the 4-H business meetings? By attending Parli Pro 101, procedures that used to seem difficult will now be a walk in the park. You will also be equipped with many fun games to incorporate into 4-H business meetings to assist 4-H club members to also feel confident with Parli Pro.

**Conflict and Communication: Star Wars or Smoke Signals?**

*Marilyn Lesmeister, OR*

*Candi Bothum, OR*

How do you communicate in uncomfortable situations? Whatever trail you travel, it is helpful to communicate effectively, productively resolve conflict, and be confident in the process. Assess your skills, share experiences, ask questions, practice with others, laugh together, and add communication and conflict management tools to your knapsack.

**UA 4-H Volunteers CARE: Commit, Achieve, Renew and Educate – Part II**

*Bob Peterson, AZ*

*Brent Strickland, AZ*

*Darcy Tessman, AZ*

*Stephanie Shank, AZ*

*Jerry Olsen, AZ*

Volunteers who attend this workshops will build upon the positive youth development workshop part I and leave with an understanding of the eight essential needs of youth and ways that they can design their club or project group to incorporate them. The result will be a strong member led program.

## Bringing Up New Leaders

Rachel Novakovich, WY

Kelli Kilpatrick, WY

Do you want to avoid burnout? Do you feel like there are too many things to accomplish with the time you have to do it in? Do you do it all and then some? If you answer yes to any of these questions, join us in discovering what we can do to avoid burnout, accomplish more, and have help doing it.

**Friday, March 12**

**1:30 – 3:00 pm**

### 90 Minute Sessions (continued)

#### Take the 4-H Fear Factor Challenge

Kassi Grooms, NM

Calling all Fearless 4-Hers: Take the 4-H Fear Factor Challenge and learn how to set up a fun, unique way to promote 4-H projects for 4-Hers of all ages. Participants will learn how to set up the event, participate in a mini on-site Fear Factor Challenge and receive handouts with supplies and directions for all activities presented.

#### SciPhiO = {K Ac + K Ap + E.L.M}\* A New and Exciting way to Engage Youth in Science & Technology – A Model at Work

Walter Barker, NV

Tera Robinson, NV

Barbara Clyde, NV

Marguerite Clark, NV

Sandy Sanders, NV

SciPhiO = {K Ac + K Ap + E.L.M}\* is a New and Exciting way to Engage Youth in Science, Technology, Engineering and Math (S.T.E.M). Experience the psychology of learning\* combined with the 4-H Experiential Learning Model and then you can predict the outcome. It takes educational programs in Science, animal and plant sciences; Technology, computer simulations; Engineering, construction of scientific products and Math to help to develop problem-solving and critical thinking skills and to develop a positive attitude towards math and science. This program delivery model encourages youth and adult partnerships. All workshop participants should come prepared to have fun as we demonstrate a new way of teaching. SciPhiOTM has been pilot tested on more than 1000 youth with positive outcomes in Las Vegas and surrounding cities.

#### Understanding, Working and Communicating with the Millennials

Teresa Dean, NM

Tom Dean, NM

Generational differences are becoming easier to identify. We have reached a point in time where the youth who are currently in the 4-H program are made up of the millennial generation. For many 4-H volunteer leaders and agents this can be a scary thing. In this workshop we will give you tips to improve your interaction with the millennial generation.

**Friday, March 12**

**1:30 – 3:00 pm**

### 45 Minute Sessions\*

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#### Annual Intermountain Livestock Judges Training Program

Jim Jensen, UT

An overview of the Intermountain Livestock Judges Training School held annually in the western region to help train potential County and State Fair livestock show judges. Nationally known judges take you thru several classes of hogs, lambs, steers, and goats in great detail and then the last day of the program you are able to see some of the animals from the first day in the cooler after they have been harvested.

## **Increasing Participation in Livestock Breeding Projects through Creative Programs: Bred & Fed Market Projects and Beef Heifer Replacement Program**

*Anna-Marie Chamberlain, OR*

*Barbara Bromley-Brody, OR*

Despite the participation of 240 youth market exhibitors, we have had minimal breeding fair projects. The intention of this project was to increase breeding projects exhibited and promote livestock raised locally from the members' or their families' operations. This program will increase youth's knowledge of their projects and possibly establish interest in breeding stock and future livestock production.

**Friday, March 12**

**1:30 – 3:00 pm**

### **45 Minute Sessions\* (continued)**

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#### **Keeping Seniors 4-H Members Involved**

*Lee Johnson, NM*

*Paula Enyeart, NM*

This session will inform leaders and others on how to keep senior members from drifting away from 4-H into other activities.

#### **Shooting Sports clubs and the Road to National Competitions**

*Ralph Stumpff, NM*

*Tyler Gillespie, NM*

*Marcos Gonzales, NM*

*Josh Groseclozel, NM*

Interactive workshop on Shooting Sports clubs, activities, contests and competitions including the Road to National 4-H Competition put on by the NM State 4-H Championship Pistol Team from Santa Fe county. Includes club ideas for all ages and disciplines.

**Friday, March 12**

**3:30 – 5:00 pm**

### **90 Minute Sessions**

#### **Sciencetriffic 4-H Projects**

*Connie Cecil, CO*

Sciencetriffic 4-H project workshop will introduce 4-H leaders to fun science activities that are related to 4-H projects. These science activities will help 4-H leaders engage their 4-H members into learning more about science through fun hands on activities. 4-H leaders will come out of this workshop with a better understanding of 4-H SET and how it relates to existing 4-H projects.

#### **4-H Record Keeping**

*Tammy Dunlap, NM*

Come and learn the do's and don'ts of 4-H record keeping, tracking methods and hands-on activities to determine between leadership or citizenship. Fun! Fun! Fun!

#### **Horse Volunteers: A Special Breed**

*Jason Turner, NM*

Help! It's a horse show! One person cannot physically put on a horse show alone. How do you recruit volunteers and make sure they are prepared for the special jobs required to run an efficient show? Come to this workshop and learn how to organize the show, identify and recruit volunteers and to provide detailed position descriptions for each individual.

## **Internet Use in 4-H Activities**

*Fahzy Abdul –Rahman , NM*

The best way to reach a large segment of the youth population is via internet given that children are probably the most tech-savvy population in New Mexico and other states/provinces. This workshop will demonstrate to participants ways to use the internet as marketing, communication, and training tools for 4-H programs.

**Friday, March 12**

**3:30 – 5:00 pm**

<b>90 Minute Sessions (continued)</b>
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### **Magic of Leadership**

*Kay Os Hibler, WA*

Come participate in a hands-on leadership workshop including learning magic! Discover how fun and exciting leadership can be. Take home new ideas to share with your club, county and state. This is an inter-ACTIVE workshop. Participants will take home instructions and supplies for at least 2 magic tricks and a broader view of what leadership means.

### **Introduction to Boondoggle Delights**

*Ron Patterson, UT*

Children love to boondoggle. Create fun patterns and make them useful. Help youth start their boondoggles with a cheap and easy boondoggle starter—you can make your own. Boondoggles can be used as zipper pulls, key-ring fobs, Christmas tree ornaments, and more! Participants are expected to have at least one completed boondoggle by the end of the session.

### **Steaks Are High at the Wheel of Meat**

*Priscilla Rice, AK*

*Marla Lowder, AK*

*Michaella Rice, AK*

Fast paced trivia and game style activities to educate about livestock, the market industry, and meat science. Suitable for all ages: cloverbuds/members-leaders/agents-everyone! Join us and see where your spin takes you!

### **Mediation, not Meditation**

*Dale Leidheiser, CO*

Do you often feel you're caught in the middle of conflict? Are you asked (or do people demand) that you solve their problems with others? This workshop will cover essential mediation skills necessary to effectively manage conflict among others in your program. Mediation techniques you use can help people solve their own issues in a productive manner and place you in a role different from being the judge and jury.

### **The UC-Davis Veterinary Medicine Extension Science Education Program**

*Martin Smith, CA*

Research indicates a need for updated and expanded 4-H Animal Science curricula for youth. Academic staff from UC-Davis Veterinary Medicine Extension trains undergraduate interns in team-based curriculum development using the Backwards Design Method. Training components include: inquiry strategies; experiential learning; life skills; science process skills; formative data collection; and academic integrity. Curricula are subsequently submitted for peer review and publication.

## Tips for FACILITATE Better Meetings

*Ann Hennings, WA*

Wish those meetings were shorter? Too many tangents? Too little commitment? Follow through often missing? Same discussion goes on and on? Same few people doing it all? Characters making decisions out in the parking lot? You need to try facilitating instead of leading! Here's a tool chest of techniques to use to improve your group's efficiency. Discover a set of strategies to increase participation and energize a team to work.

**Saturday, March 13**

**9:00 am – 12:15 pm**

### Extended Sessions

#### **Leathercraft - Creating Leather Treasures**

*Jim Linnell, Tandy Leather*

Participants in this workshop will create a leather book cover that they will take home with them. This FREE workshop will teach the basics of leatherworking and participants will learn many techniques for passing this information to young people. Always a popular workshop and always a lot of fun.

#### **Horsin' Around**

*Steve Lucero, NM*

*Paul Dearth, NM*

*Carol Dearth, NM*

"Horsin' Around" is an interactive workshop that gives you an opportunity to ask the same questions that 4-H youth ask you about horses. Learn more about horse care, equine nutrition, small pasture management, principles of reproduction, and health & sanitation principles.

#### **Foods for the Future**

*Nancy Flores, NM*

*Carol Turner, NM*

This workshop will be hands-on interactive learning experience. Activities will include leadership skills for volunteers to learn about preparing food by traditional preservation methods – freezing, drying, and canning. Participants will work in groups of four preparing a food for a specific method of preservation and demonstrate their final product discussing any issues encountered during the process.

#### **4-H Shooting Sports – Rifle for Leaders 101**

*Kevin Branum, NM*

Do you like teaching kids? Do you enjoy being a sportsman? Do you want to make a difference in someone's life? If you answered yes to any of these questions then this workshop is for you. Leaders and educators of all skill levels are encouraged to better their own marksmanship skills as well as learn how to improve the marksmanship skills of the youth they work with. This workshop will be off site at a local range and participants will each shoot .22 rifle and air rifles. If inclement weather we will be inside with air rifles only. **Firearms will be provided.** (Bring your own hearing protection and eye protection if preferred, otherwise it will be provided.) There is a \$10.00 fee for this workshop.

**Saturday, March 13**

**9:00 – 10:30 am**

### 90 Minute Sessions

#### **Getting Bugs INTO 4-H Projects: What a Concept!**

*Carol Sutherland, NM*

*Scott Bundy, NM*

Attendees will explore highlights of project support materials (provided), including "Let's Color Some Insects", "One Hundred Common Insects of New Mexico" and "Insects Rule the Planet." Specimen preparation is the hands-on

entomology activity most requested by 4-H leaders; attendees will get “pointers” on pinning/mounting insects plus instructions for making inexpensive insect collecting gear.

### **Are you Smarter than a 4-Her?**

*Michelle Stearns, NM*

Wondering where and why 4-H started? Learn that and more in this fun and very interactive workshop while playing a game designed by a 4-H Volunteer Leader from New Mexico. Designed after the popular game show, this game, ‘Are you smarter than a 4-Her’ is full of 4-H trivia and fun facts that you can take home with you and WOW your members.

### **Thread Catcher**

*Tina Fish, WY*

*Deb Matlack, WY*

The Thread Catcher is an item you cannot do without. This crafty bag can be a thread bag, trash can and even a remote control holder and is an easy project for beginning sewers to learn how to sew a straight line, hand stitch, top stitch and finish with a very usable item. Each participant will complete a pre-cut kit. There is a \$5 fee for materials.

**Saturday, March 13**

**9:00 – 10:30 am**

**90 Minute Sessions (continued)**

**Penny for Your Thoughts- Leadership Networking**

*Diane Russo, WA*

An active hands-on workshop teaching how to weave a penny purse (treasure bag, amulet pouch, etc.) while working through a suggestion circle activity to process your common challenges back home. Bring a club or council challenge and take home a penny purse for your thoughts and new ideas to enhance your program.

**Saturday, March 13**

**9:00 – 10:30 am**

**45 Minute Sessions\***

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**Community Service Enhancement**

*Charles Woodall, NM*

*Randy J. Woodall, NM*

*Lily M. Woodall, NM*

This will be a fun and education workshop presented by New Mexico 4-Her's. It will focus on community service at the club level. Its primary focus will be on community service projects for military serving overseas. You will be involved in a community service project for military servicemen and women.

**"How to Play Outside," A Plethora of Ideas to Prevent Nature Deficit Disorder**

*Lee Hecimovich, AK*

Research is proving that today's youth suffer from "Nature Deficit Disorder" and lack connection with the outdoors. Busy schedules, finances, safety, location, technological lures all play a role in keeping children indoors. This workshop will equip 4-H leaders, parents, and youth with ideas to get outdoors and reconnect. Simple, low cost activities for every season and location will be presented with many hands-on examples. Come commune with us and nature!

**Be Thrifty and Thrive**

*Margie Memmott, UT*

In tough economic times, how can we utilize the resources around us to make ends meet? How can we teach our youth to live on less and like it? Come to this workshop for ideas that will help everyone of all ages cut costs, slash expenses, go green, live on less, make ends meet and ultimately be thrifty and thrive.

**Promoting 4-H Through New Technology**

*Nicole Lujan, NM*

"Promoting 4-H Through New Technology" is designed for participants to become more aware and informed of the new technologies that youth are utilizing everyday as a means of communication. Using this new technology promotes and encourages youth participation in 4-H.

**Planning Cloverbud Daycamps**

*Cathy Solano, CO*

This workshop offers a baker's dozen themes for Cloverbud Camps including hands on activities, community service ideas, and mini 4-H meeting. This is a great way to utilize your older members in leadership activities as well.

**Preparing a Parli-Pro team for the 4-H Western National Roundup**

*Craig Painter, NM*

This workshop will be geared toward volunteers and professionals to build a stronger contest at the Western National Roundup. This will be done by explaining the current rules and attracting new states to the contest. A basic components to common motions used in meetings will be presented to attract new attendees to the workshop.

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**45 Minute Sessions\*(continued)**

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**Raise Your Hand if You're Not Here**

*Priscilla Rice, AK*

*Michaella Rice, AK*

Improve your communication skills while having fun. Learn how to keep yourself from getting into sticky and uncomfortable situations and avoid messy misunderstandings.

**Hot Summer OMK Teen Retreats**

*Eloise Riley, WY*

Workshop will include hot ideas to recruit teens to weekend retreats. Hands-on exercise creating a strategic plan for the event: to contain collaborations, taking advantage of local natural venues, marketing, risk management and implementation.

**Saturday, March 13**

**10:45 am – 12:15 pm**

**90 Minute Sessions**

**...And my health for better living....**

*Paula Enyeart, NM*

With the United States trailing far behind other developed countries it is important we include health in our 4-H activities. Here's some fun activities for motivating youth into healthier lifestyles.

**Tool Kit for Teaching Ethics while Exhibiting and Leading in 4-H**

*Barbara Bromley-Brody, OR*

*Anna-Marie Chamberlain, OR*

*Kelli Mc Peak, OR*

Ethical behavior is a life skill gained through 4-H participation. Youth participants have numerous opportunities to do the right thing while exhibiting through 4-H. Given the wide array of beliefs regarding ethical behavior, it is often challenging to find an effective way to discuss ethics and ethical behaviors. Through mock situations youth practice and learn about ethical behavior.

**Blazing Trails to Exciting Meetings Together**

*Jeremy Green, OR*

*Amy Derby, OR*

*Marilyn Lesmeister, OR*

Through interactive learning techniques, fast paced educational games and new innovative ways to work with 4-H youth and clubs, you will be blazing through new and exciting 4-H meetings immediately. Join us as we pioneer our way to effective meetings full of pizzazz, hands-on activities, and innovation.

**The Power of Wind**

*Cynthia Barnett, CA*

*Pam Garza, National 4-H Council*

Explore the wind energy resources in your state and local communities, use hands-on learning to gain a deeper understanding of the science, engineering and technology behind wind energy production. Participants will be challenged to see the 'big picture' surrounding renewable energy and to create service learning opportunities that help others in their communities make sense of this new frontier. Adults will be trained to engage youth in the Power of Wind curriculum using inquiry-based strategies.

**Saturday, March 13**

**10:45 am – 12:15 pm**

**90 Minute Sessions (continued)**

**Sudoku Quilts**

*Cathy Solano, CO*

Sudoku quilting combines the current math puzzle craze with a super easy quilt block assembly technique. Suitable for all ages, a variety of ability levels, and different size quilts. Workshop will include tips on using this technique with members with special needs. Ideal for beginning sewers. There is a \$12.00 fee to cover materials.

**Key 4-H Volunteers Enhance 4-H Club Training**

*Jocelyn McKinnon, Alberta*

Learn how the Alberta 4-H Program uses experienced 4-H Key Leaders and 4-H Key Members as local resources for 4-H clubs and councils. These volunteers deliver training to other 4-H leaders and 4-H members to enhance 4-H club experience and leadership skills. Participants will experience some of the workshops and gain ideas for their 4-H club training.

**Hi Neighbor**

*Paulette Sauln, CA*

*Ray Stark, CA*

*Ariel Vieweg, CA*

*Robin Conen, CA*

In this time of ever changing cultural signatures in our neighborhoods, it is time to focus on making our 4-H culture welcoming to new comers. Through roundtable discussion, we will explore how to embrace diversity.

**Fun With Expression**

*Monnic Smith, NM*

This workshop is designed to teach participants how to use both writing and speaking to express themselves with fun and not fear. We will explore writing poetry, short story, technical writing and creating a journal. We will also explore the fun of public speaking and presentations.

**Saturday, March 13**

**1:30 – 3:00 pm**

**90 Minute Sessions**

**Teamwork -- A Trait that will Last Through Time**

*Theresa Araquistain, ID*

*Canyon County Teens, ID*

Experience hands-on activities that you can use in your club to encourage teamwork among kids and adults of all ages.

**Ready? S.E.T. LEGO!**

*Jamie Davis, OR*

Want to learn how to spice up a rather traditional 4-H Community Club or county 4-H Program with incorporating Lego activities? After attending the Ready? S.E.T. Lego! Workshop you will walk away with easy 4-H Lego lesson plans, a number of potential funding sources, and enough excitement to get a new program off the ground.

**Consumer Decision Making National Contest Team Training**

*Brenda Bishop, NM*

Youth love to shop and learning decision making skills associated with the Consumer Decision Making Contest will help them gain skills they will use their whole life. This hands-on workshop will teach how to conduct a mini-contest for your club/project meeting or start a county contest. You will receive tips to prepare your 4-Hers to compete at the National level.

**Saturday, March 13**

**1:30 – 3:00 pm**

**90 Minute Sessions (continued)**

**Engaging Middle School Age Youth**

*Robyn Kelley, NM*

Is your Club or Afterschool program heavy on the Cloverbuds? Are you losing participation once kids get to the middle school age? Are you having difficulty translating Teen Talk? Come discover the "WHY" behind middle school age youth's behavior and how you can engage them on a deeper level in 4-H.

**Duded Up Denim**

*Marsha Palmer, NM*

*Tamara Rowland, NM*

A fun and creative hands-on workshop using recycled denim to make economical gifts, or item for the home. Each participant will take home a recycled denim item they creatively make during the workshop along with easy to follow step by step directions.

**Oral Reasons for Everyone**

*Marla Lowder, AK*

We all opinions on how to place classes, whether its horses or shoes. Now all you need to do is organize them and you have a set of reasons. Come and learn how to do these and then practice on others. It will be educational and fun.

**4-H on a Shoestring**

*Paula Enyeart, NM*

*Steve Lucero, NM*

Here's a look at some of the problems and solutions for reaching out to disadvantaged youth while accomplishing a variety of 4-H activities "On a Shoestring".

**"T.A.G...You're It!" (Teen Action Group)**

*Kelly Fisk, WA*

"T.A.G...You're It!" Come discover why our programs lose teens, the specifics of starting or revamping your teen council and how to "T.A.G." your teens into action. T.A.G. programs focus on directing teen motivation into leadership and service-learning opportunities. Learn the successes of Kitsap County, WA's 4-H T.A.G. program and how to apply or adapt it to your county.

**Leathercraft - Creating Leather Treasures**

*Jim Linnell, Tandy Leather*

Participants in this workshop will create a small leather project that they will take home with them. This FREE workshop will teach the basics of leatherworking and participants will learn many techniques for imparting this information to young people. Always a popular workshop and always a lot of fun.