

DEGREE: Bachelor of Science in Family and Consumer Science
 MAJOR: Human Nutrition and Dietetic Science
 OPTION: Nutrition Education

2023-2024 Catalog Year

Name:
 ID #:
 Advisor/Date:

Course Subject and Title	Credit Hours	Minimum Grade	Completed	Additional Degree Requirement Notes
Nutrition Education Option				
Freshman Fall Semester	14			
ENGL 1110G Composition I OR 1110H Composition Honors OR 1110M Composition I Multilingual	4	C		Common Core Area I - English Composition-Level 1
MATH 1220G College Algebra OR MATH 1430G Applications of Calculus OR MATH 1511G Calculus and Analytic Geometry OR MATH 2530 Calculus III	3	C		Common Core Area II Prerequisite: math placement adequate to enroll in courses beyond MATH1130G Survey of Mathematics
ACOM 1130G Effective Leadership Communication in Agriculture OR COMM 1115G Introduction to Communication, OR COMM 1130G Public Speaking, OR HNRS 2175G Introduction to Communication Honors	3	C		Common Core Area I
CHEM 1215G General Chemistry I Lecture and Lab for STEM Majors (course substitute for CHEM111G/L General Chemistry)	4	C		Common Core Area III – Laboratory Sciences (1 of 2) Prerequisite: C- or better in MATH 1215 or higher.
ACES 111 Freshman Orientation or ACES 121 Financial Fitness for College Students)	1			Not required for the degree. Highly recommended if new to NMSU.
Freshman Spring Semester	14			
ENGL 2210G Professional & Technical Communication OR ENGL 2221G Writing in the Humanities & Social Sciences ENGL 2130G Advanced Composition OR ENGL 2215G Advanced Technical and Professional Communication	3	C		Common Core Area I - English Composition-Level 2 Prerequisite: ENGL 1110G, H, or M
PHLS 1110G Personal Health and Wellness	3	-		Common Core Area IV – Social/Behavioral Sciences
NUTR 2120 Seminar 1 – Becoming a Nutrition Professional (Spring Only)	1	C		Only available in the Spring.
BIOL 2110G/2110L Principles of Biology: Cellular & Molecular Biology and Lab (course substitute for BIOL111G/L Natural History of Life) OR BIOL 2610G/2610L Principles of Biology: Biodiversity, Ecology, and Evolution and Lab	4	-		Common Core Area III – Laboratory Sciences (2 of 2) Requirement used to be BIOL 111G/111L Natural History of Life which is no longer available
NUTR 2110 Human Nutrition	3	C		

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Sophomore Fall Semester	14			
Creative and Fine Arts Core Course	3	-		Common Core Area VI
FCSC 2250 Overview of FCS Teaching (Fall Only)	3	C		Only available in the Fall.
BIOL 353/353L Pre-Professional Human Anatomy and lab (4 cr.) OR SPMD 2210/2210L Anatomy & Physiology I (3 + 1 cr.)	4	C		Prerequisite: BIOL 2110G AND CHEM1120G or CHEM1215G or CHEM1216 and MATH 1220G
FSTE 2110G Food Science I	4	C		Common Core Area III OR General Education Elective
NUTR 3110 Nutrition Throughout the Lifecycle (Fall only)	3	C		Prerequisites: NUTR 2110 Human Nutrition
Sophomore Spring Semester	14			
HRTM 2110 Safety, Sanitation, and Health in the Hospitality Industry	1	-		May be waived if student holds current ServSafe Food Protection Manager Certificate.
PHLS 2110 Foundations of Health Education or PHLS 375 Foundations of Community Health Education	3	C		Prerequisite: PHLS 1110G Personal Health & Wellness
Humanities Core Course (<i>substitute for PHIL1145G Philosophy, Law, and Ethics or PHIL 2110G Introduction to Ethics</i>)	3	-		Common Core Area V
HRTM 2120 Food Production and Service Fundamentals	3	-		Prerequisite(s): HRTM 1130 or FSTE 263G.
BIOL 2221 Human Physiology BIOL 354 Physiology of Humans OR SPMD 3210/3210L Anatomy & Physiology II and Lab SPMD 3410 Exercise Physiology	4	C		Prerequisites: BIOL 2110G and MATH 1220G

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Junior Fall Semester	16-17			
FSTE 320 Food Microbiology (4) (Fall only) OR BIOL 311 and 311L General Microbiology with lab (5) OR BIOL 2320 Public Health Microbiology (3) and BIOL 311L (2)	4-5	C		Prerequisite for <u>FSTE 320</u> : BIOL 2110G/L or BIOL 2610G/L Prerequisites for <u>BIOL311/311L</u> : BIOL 2110G and MATH 1220G Prerequisites for <u>BIOL 2320</u> : BIOL 2110G/L
ELAD 350V Introduction to Educational Leadership in a Global Society <i>(course substitute for FCST 2135 Adolescent Development and the Family and RDG 414 Content Literacy)</i>	3	C		
Viewing a Wider World Course <i>(recommended PHLS 3120V Women’s Health Issues)</i>	3			Viewing a Wider World Recommend to take one VWW course from College of Health, Education, and Social Transformation
PHLS 3220 (also PHLS 395) Foundations of Public Health	3	C		
Junior Spring Semester	16			
NUTR 3710 Food Systems & Policy in Dietetics (Spring Only) <i>(course substitute for FCST 2140 Adult Development and Aging)</i>	3	C		Prerequisites: ENGL 2210G, 2221G, 2130G, or 2215G
NUTR 3750 Applied Nutrition Research <i>(course substitute for FCSC 400 Research Methods or AXED 456 or PHLS 4310 or PSYC 310 or SOCI 352)</i>	3	-		
FCSE 345 Management Concepts in FCS Teaching (Spring Only)	3	C		
PHLS 464V Cross-Cultural Aspects of Health (Spring Only) <i>(any upper-division PHLS course may be used as a substitute)</i>	3	C		Only available in Spring.
HRTM 363 Quantity Food Production and Service	4	-		Prerequisite: HRTM 2120

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Senior Fall Semester	18			
NUTR 4210 Community Nutrition (Fall Only)	3	C		Only available in the Fall. Prerequisite: NUTR 3110, NUTR 3710
PHLS 4610 Health Disparities: Determinants and Interventions (Fall Only)	3	C		
		C		
FCSC 445 Career and Technical Education Programs (Fall Only)	3			
FCSC 446 Teaching Methods I for FCS (Fall Only)	3	C		Prerequisites: FCSE 2250 and FCSE 345 and an overall GPA of at least 2.75, admitted to FCSE program, completion of NES Essential Basic Skills Tests I, II, & III.
NUTR 4220 Food Service Organization and Management (Fall Only)	3	C		Only available in Fall. Prerequisite: HRTM 363
Senior Spring Semester	14			
PHLS 4810 (also PHLS 459) Infectious and Noninfectious Disease Prevention (Spring Only) – <i>course substitute = PHLS 467 Rural Health</i>	3	C		Only available in Spring. Prerequisite: PHLS 395.
Viewing a Wider World Course	3			Viewing a Wider World <i>Cannot be within ACES or within same college that your Junior Fall VWW course is housed.</i>
NUTR 4565 Community Field Experience (Spring & Summer only)	2	C		Prerequisite: NUTR 4210; senior standing, consent of instructor
FCSE 447 Teaching Methods II for FCS	3	C		Prerequisites: FCSC 446, and an overall GPA of at least 2.75, admitted to program.
NUTR 4205 Nutrition Communication & Education	3			Prerequisites: NUTR 3110 Nutrition Throughout the Life Cycle <i>(HNDS majors, minors, or instructor permission.)</i>
Total	120-121			