**INGREDIENTS**

When a person decides they want to begin canning and commercializing their product, one of the first things he/she needs are ingredients. Many make the mistake of buying their groceries at Albertson's or Wal-Mart, which is fine when just beginning and working out kinks. A lot of money could be saved if ingredients are purchased through wholesale from various companies. One of the widely most used and common food supplier is Sysco-Nobel, Inc.

**SYSCO**

*People and Products You Can Count On*

Sysco is located in all 50 states including Canada. For the state you are looking for you can go to Sysco’s website at [http://www.sysco.com/](http://www.sysco.com/) to find the address and phone number for the one located nearest you. On Sysco’s web address you can also find a list of all the ingredients they offer in bulk. Sysco also offers various other products such as equipment for your business as well as cleaning supplies.

Some products may require the use of specialized ingredients such as gums, spices and starches. The largest supplier of gums is TIC, Gums where you can find a wide variety of available gums for use in commercial products. TIC, Gums can be accessed through the internet at:

[www.ticgums.com/](http://www.ticgums.com/)

If the internet is not available then they can be reached by:

4609 Richlynn Dr.
PO Box 369
Belcamp, MD 21017-0369
Phone: 410.273.7300
Toll-Free: 800.221.3953

---

For food starch contacts for Utah, Arizona, Colorado, New Mexico, Texas, Oklahoma, Kansas, and Nebraska the company to contact is Cargill.

**Cargill**

*Food & Pharma Specialties*

Abel Lopez-Portillo
972-384-1486
abel_lopez-portillo@cargill.com

---

For spices sold at wholesale prices checkout:

**The Great American Spice Company**

*Fresher Spices. Better Prices.*

Call Toll-Free: **888-502-8058**
10am-5:30pm
Indiana EST Monday – Friday