



# 4-H CONTEST DESCRIPTION AND GUIDELINES



CONTEST & ELIGIBILITY	DESCRIPTION	REQUIREMENTS	LEVEL
Favorite Food Show <ul style="list-style-type: none"> <li>• Novice</li> <li>• Junior</li> <li>• Senior</li> </ul> Available as an activity for Cloverbuds.	Members prepare a favorite Food that is nutritious, and displays along with a day's menu, the recipe, and appropriate table setting. Display should include appropriate centerpiece. Member discusses recipe preparation and table setting with judge.	Each contestant's favorite food must be selected from one of the following: <ul style="list-style-type: none"> <li>⇒ Nutritious snack or beverage</li> <li>⇒ Bread</li> <li>⇒ Sandwich</li> <li>⇒ Main Dish</li> <li>⇒ Salad</li> <li>⇒ Fruit or Vegetable</li> <li>⇒ Dessert (Novice and Junior)</li> </ul> References: County Favorite Food Show Contest Guideline. Senior Favorite Food Guide (200 E - 24)	County District State
Clothing Revue <ul style="list-style-type: none"> <li>• Novice</li> <li>• Junior</li> <li>• Senior</li> </ul>	Member may construct one or more articles from any given 4-H clothing project following project guidelines and construction requirements. Member is judged on appearance and fit, the article is judged on construction.	<ul style="list-style-type: none"> <li>⇒ Member must be enrolled in a clothing project.</li> <li>⇒ Refer to project book for detailed construction requirements and guidelines.</li> <li>⇒ Refer to 4-H Clothing Construction Project Summary for detailed exhibit requirements.</li> </ul>	County District State
Public Speaking ~Prepared <ul style="list-style-type: none"> <li>• Novice</li> <li>• Junior</li> <li>• Senior</li> </ul>	The participant selects topic.	<ul style="list-style-type: none"> <li>⇒ Novice time limit 3 to 5 minutes.</li> <li>⇒ Junior time limit 5 to 10 minutes.</li> <li>⇒ Senior no longer then 8 minutes.</li> <li>⇒ Member may be enrolled in any project.</li> <li>⇒ No visual aids or sound effects should be used.</li> <li>⇒ Notes may or may not be used.</li> </ul>	County District State
Public Speaking ~Poetry <ul style="list-style-type: none"> <li>• Novice</li> <li>• Junior</li> </ul> Available as an activity for Cloverbuds.	The participant selects topic. Poems may be original poems or obtained from a book.	<ul style="list-style-type: none"> <li>⇒ Novice time limit 2 to 4 minutes</li> <li>⇒ Junior time limit 4 to 6 minutes.</li> <li>⇒ Participants are not allowed to use notes.</li> </ul>	County District

4-H CONTEST DESCRIPTION AND GUIDELINES *Cont.*

CONTEST & ELIGIBILITY	DESCRIPTION	REQUIREMENTS	LEVEL
Public Speaking ~ Impromptu <ul style="list-style-type: none"> <li>• Novice</li> <li>• Junior</li> <li>• Senior</li> </ul>	Contestant prepares speech at the contest site on a topic selected by Superintendent.	Three minutes given to prepare speech. Speech length Novice time limit 1 minute Junior time limit 2 minutes Senior time limit 3 to 5 minutes	County District State
Horse Judging <ul style="list-style-type: none"> <li>• Novice</li> <li>• Junior</li> <li>• Senior</li> </ul>	Consist of two to four halter classes for Novice and Juniors; halter classes and performance classes for Seniors.	⇒ Any 4-H member currently enrolled in any phase of 4-H project work may participate. ⇒ Time limit of 15 minutes per class for placing and 2 minutes for reciting oral reasons.	County District State
Livestock Judging <ul style="list-style-type: none"> <li>• Novice</li> <li>• Junior</li> <li>• Senior</li> </ul>	Consist of classes of cattle, sheep and swine.  Classes selected will depend on the availability of livestock in the host county	⇒ Any 4-H member currently enrolled in any phase of 4-H project work may participate. ⇒ Time limit of 15 minutes per class for judging and 2 minutes for reciting oral reasons.	County District State
Shooting Sports <ul style="list-style-type: none"> <li>• Novice</li> <li>• Junior</li> <li>• Senior</li> </ul>	4-H members learn and practice the rules of rifle safety, archery safety, sportsmanship, accuracy with firearms and achieve advancing degree of proficiency.	⇒ Must be enrolled in shooting sports project ⇒ Teams of 3-4 members or individuals may participate	County District State
Entomology <ul style="list-style-type: none"> <li>• Novice</li> <li>• Junior</li> <li>• Senior</li> </ul>	Provide an opportunity for 4-H members to demonstrate their knowledge of entomology, the study of insects.	⇒ Any 4-H member currently enrolled in any phase of 4-H project work may participate ⇒ Teams of 3 to 4 members	County District State
Consumer Decision Making <ul style="list-style-type: none"> <li>• Novice</li> <li>• Junior</li> <li>• Senior</li> </ul> Available as an activity for Cloverbuds.	This contest teaches how to observe, compare and make decisions based on standards of quality and facts collected, then tell why one item is better than another.  Up to six (6) classes are selected and judged from the Consumer Decision-Making Handbook	⇒ Team consists of 3 to 4 members ⇒ Oral reasons are given on one (1) class for Novice, two (2) classes for Juniors and Seniors. ⇒ 2 minutes will be allowed for oral reason presentation. Reference: Consumer Decision-Making Contest Handbook.	County District State

4-H CONTEST DESCRIPTION AND GUIDELINES *Cont.*

CONTEST & ELIGIBILITY	DESCRIPTION	REQUIREMENTS	LEVEL
<p>Wildlife Habitat</p> <ul style="list-style-type: none"> <li>• Novice</li> <li>• Junior</li> <li>• Senior</li> </ul>	<p>The contest consists of five activities:</p> <ul style="list-style-type: none"> <li>• Identifying Common Wildlife Foods</li> <li>• Interpreting Wildlife Habitat from Aerial Photographs</li> <li>• On-Site Habitat Management Recommendations</li> <li>• Wildlife Management Plan and Urban Landscape</li> <li>• Backyard Habitat Plans.</li> </ul>	<p>⇒ Members may be enrolled in any 4-H project.</p> <p>⇒ Team consists of 3 to 4 members. If there are not enough members for a team, the county will be entered as individuals.</p>	<p>County District State</p>
<p>Presentations</p> <ul style="list-style-type: none"> <li>• Novice</li> <li>• Junior</li> <li>• Senior</li> </ul> <p>Available as an activity for Cloverbuds.</p> <p>Categories:</p> <ul style="list-style-type: none"> <li>• <u>Agriculture</u>: Members currently enrolled in an Animal Science, Horticulture and Agronomy, and Natural Science project.</li> <li>• <u>Home Economics</u>: Members currently enrolled in a Clothing, Foods, Food Preservation, Housing, Consumer, or Family Life project.</li> <li>• <u>General</u>: Members currently enrolled in an Engineering, Personal Growth and Development, Creative Arts or Arts and Crafts project.</li> </ul>	<p>Demonstration:</p> <ul style="list-style-type: none"> <li>• A demonstration is DOING.</li> <li>• A demonstration is SHOW HOW.</li> <li>• A demonstration is MAKING and DOING something.</li> </ul> <p>Illustrated Talk:</p> <ul style="list-style-type: none"> <li>• An illustrated talk is TALKING.</li> <li>• An illustrated talk is TELL HOW.</li> <li>• In an illustrated talk you show pictures, charts, models, equipment.</li> </ul> <p>Demonstrations &amp; Illustrated talks are judged against each other.</p>	<p>⇒ Novice time limit 3 to 5 minutes.</p> <p>⇒ Junior time limit 5 to 10 minutes.</p> <p>⇒ Senior time limit 10 to 15 minutes.</p> <p>⇒ Two (2) individuals are allowed and are considered a single entry. Teams will be judged against individuals.</p> <p>⇒ Must be currently enrolled in project.</p> <p>References: Demonstrations and Illustrated Talks 200D-1. Making Posters 200D-6.</p>	<p>County District State</p>

4-H CONTEST DESCRIPTION AND GUIDELINES *Cont.*

<b>CONTEST &amp; ELIGIBILITY</b>	<b>DESCRIPTION</b>	<b>REQUIREMENTS</b>	<b>LEVEL</b>
<p>Hippology</p> <ul style="list-style-type: none"> <li>• Senior</li> </ul>	<p>Hippology is an activity that can make learning fun for 4-H members by letting them exhibit their knowledge and understanding of equine science and husbandry in a friendly but competitive setting. The Hippology Contest has four (4) different phases:</p> <ul style="list-style-type: none"> <li>• Examination Phase</li> <li>• Station Phase</li> <li>• Judging Phase</li> <li>• Team Problem (Optional)</li> </ul>	<p>⇒ Be enrolled in 4-H the current year            ⇒ Counties may enter 2 teams of 3 to 4 members.            ⇒ Contestants may not have participated in an official, post secondary Hippology, horse bowl, or horse judging contest.</p>	<p>County            District            State</p>
<p>Livestock Skill-A-Thon</p> <ul style="list-style-type: none"> <li>• Senior</li> </ul> <p>(Optional at the County level for Novice and Juniors).</p>	<p>Provides an opportunity for senior members to develop their livestock production skills and life skills in a friendly but competitive setting by demonstrating the breadth of their knowledge and understanding of animal science and livestock management practices.</p>	<p>⇒ Be enrolled in 4-H the current year.            ⇒ Classes judged by 3 or 4 member teams as individuals, and as a team.</p>	<p>County            State</p>
<p>Home Economics Skill-A-Thon</p> <ul style="list-style-type: none"> <li>• Senior</li> </ul> <p>(Optional at the County level for Novice and Juniors).</p>	<p>Provides an opportunity for senior members to develop specific home economics and life skills in a friendly but competitive setting by demonstrating the breadth of their knowledge and understanding of home economics practices and principles.</p>	<p>⇒ Be enrolled in 4-H the current year.            ⇒ Classes judged by 3 or 4 member teams as individuals, and as a team.            ⇒ Individual classes include: sewing/clothing; Interior Design/Housing; Food Preparation; Consumer; Nutrition; Financial Management; Written Quiz.            ⇒ Team competition involves responding to a set of situations.</p>	<p>County            State</p>

4-H CONTEST DESCRIPTION AND GUIDELINES *Cont.*

<b>CONTEST &amp; ELIGIBILITY</b>	<b>DESCRIPTION</b>	<b>REQUIREMENTS</b>	<b>LEVEL</b>
Home Economics Bowl <ul style="list-style-type: none"> <li>• Senior</li> </ul>	This bowl game involves the 4-Hers in a College Bowl type contest matching wits with the opposing team to see who can answer the most questions. The contest covers materials from all areas of home economics—cooking, baking, money management, crafts, clothing, nutrition, consumerism.	⇒ Be enrolled in any 4-H project ⇒ Each county may send one or two teams. ⇒ A team must have 4 members. It is recommended that each team have 1 alternate.	County State
Fashion Magic <ul style="list-style-type: none"> <li>• Senior</li> </ul>	Members enrolled in the Fashion Magic project series learn about clothing selection, coordination, accessorizing, and care. Project requirements include selecting and coordinating an outfit, and keeping a notebook of their project activities. The contest involves completing and submitting the notebook for judging, and modeling their coordinated outfit. The outfit may be constructed, purchased, or recycled into a new outfit.	⇒ Must be enrolled in one of the Fashion Magic projects: <ul style="list-style-type: none"> <li>• Wardrobe Planning (required to complete the series)</li> <li>• Clothing Coordination</li> <li>• In the Market Place</li> </ul> ⇒ Complete and submit a project notebook. ⇒ Coordinate an outfit, and model it.	County State
Parliamentary Procedure <ul style="list-style-type: none"> <li>• Senior</li> </ul>	County teams are asked to demonstrate their skill at organizing and running a business meeting, following Roberts Rules of Order, by running a mock meeting. The mock situation includes 3 problems in new business and at least 6 different types of motions.	⇒ May be enrolled in any project. ⇒ Each county may send 2 six member teams—president, vice president, secretary, treasurer, reporter, recreation leader.	County State
NM Talent Contest <ul style="list-style-type: none"> <li>• Senior</li> </ul>	The contest provides Senior members the opportunity to develop cooperation skills and self-confidence by working together, or individually, to plan and participate in a public appearance. Talent category include: comedian, poet, vocal, musical, choreographed routines, drama, Celebrate 4-H.	⇒ May be enrolled in any project. ⇒ Each county may send one or two entries in each category. ⇒ Talent must fit into one of the 7 categories. ⇒ Acts are to be for teenagers, by teenagers.	County State

### **Rio Arriba County 4-H General Rules & Regulations**

#### **I. General Eligibility**

1. Any bonafide 4-H member who has not passed his/her 19th birthday by January 1 of the current 4-H year may participate. Contests involving District, State, Regional and National events may have different age requirements.
2. All eligible 4-H members may participate in as many contest divisions as they wish.
3. In the event that the first place team is eligible for District or State, all members of the winning teams must meet all contest requirements including age.
4. When enough members are not available to make a team, individuals may be entered.
5. Some exceptions where a team of 4 members is necessary are: Home Economics Bowl, Wildlife Bowl, and Horse Bowl. Parliamentary Procedure Contest requires 6 members.

#### **II. Entries**

1. Organizational Leaders and members will be notified of the date entries, or pre-registrations are due in the Extension Office.
2. Entering Contests: 4-H members may participate in more than one contest to the extent that the schedule, or rules, permits.
3. There are four age categories in all contest areas: (based on age as of January 1 of current year)
  - Cloverbuds—ages 5 to 8 (noncompetitive activities only).
  - Novice—ages 9 to 11 or 8 years old and in the 3rd grade (County to District)
  - Junior—ages 12 to 13 or 11 years old and in the 6th grade (County to District)
  - Senior—ages 14 to 19 or 13 years old and in the 8th grade (County to State)
4. In case of mixed ages, a team composed of Novice and Juniors, the team will compete in the Junior category.

#### **III. General Instructions**

1. Specific details on a particular contest area can be attained from the County 4-H Staff.
2. Contest involving District, State, Regional and National events may have different requirements.

#### **IV. Judging and Selection of Winners**

1. Score sheets and judging forms will be used for all contests, and are available to the contestant ahead of time.
2. Age of the contestant will be considered by the judge when evaluating charts, posters, etc.
3. The decision of judge(s) is final. In case of a tie, judges will determine the procedure for breaking the tie.
4. Ribbons will be awarded to 1st, 2nd, 3rd, and 4th place individual; participation ribbons to all others.
5. Good sportsmanship on part of the members, parents and leaders is expected throughout the contests.