HNFS 406/506
Geriatric Nutrition

Instructor: Margaret Ann Bock, PhD, RD, LD
Day & Time: Class is Web Delivered - No Official Meeting Time
Chat Room: TBA
Office Address: Box 30003/MSC 3470
New Mexico State University
Las Cruces, NM 88003-8003
Phone: (505) 646-1178
Office Hours: Posted on WebCT Class Homepage

OBJECTIVES:

Upon completion of this class, the student should be able to:

1. Discuss the physiological changes that occur with age that affect nutritional status.
2. Discuss the psychosocial factors that affect nutritional intake.
3. Discuss programs which provide food and/or nutrition education for the elderly.
4. Discuss the assessment of nutritional status in the elderly.
5. Discuss the nutrient needs of the elderly.
6. Discuss the nutrition related diseases of the elderly.
7. Discuss basic nutritional intervention in selected diseases of the elderly.

TEXT:


COURSE FORMAT:

This class is being taught using an alternative delivery format, the internet. Students will be expected to read the text; view the various presentations that will be delivered via the internet; complete the various projects as instructed and participate. The class will require that you access the course management platform (WebCT) on a regular basis. At least once per day is recommended. This is a three credit course. If you were taking the class in a face-to-face format, you would be expected to spend 3 hours in class and another 9 to 12 hours outside of class per week for a total of 12 to 15 hours per week. Using this format will NOT allow you to spend any less time.

Students should be aware that the course management platform (WebCT) allows the instructor to see where you have been in the site and the amount of time you have spent there.

EXAMS:

Not Applicable

PROJECTS:
Students must complete the projects as described in each of the instruction sheets. Projects are due at the designated times listed on the schedule and/or on the project instruction sheet. All times are based on mountain time zone. If you are taking this class and are NOT in the mountain time zone, you need to adjust your submission times so that they are equivalent to mountain time zone.

**Late Project Policy**

If handed in by 5:00 on date following due date (mountain time zone) - 25 point deduction. Each additional day - less 10 additional points per day.

Note: I continue to take off points until project is turned in. It is possible to lose more points than the project is worth.

**Grading of Projects**

I will go in and make comments on a given project which has been submitted as needed for clarification and to make sure that there is not erroneous information. My comments will be in color and/or all caps. The grade for a given project will NOT be put on the project for everyone to see. You can go to the gradebook to see your grade for a given project.

**CLASS ATTENDANCE:**

This class is being delivered using an alternative delivery method. If you have not made the appropriate postings assigned for three days in a row, the Dean's office will be notified. If you have an emergency that will take you away from computer access for three or more days, please contact me via the WebCT email or have someone email me at abock@nmsu.edu or phone (O) (505) 646-1178; (H) (505) 525-9437; (Cell) (505) 649-1156.

**GRADE BREAKDOWN:**

<table>
<thead>
<tr>
<th>Undergraduate</th>
<th>Graduate</th>
</tr>
</thead>
<tbody>
<tr>
<td>Project 1...........25</td>
<td>Project 1.............................25</td>
</tr>
<tr>
<td>Project 2.............100</td>
<td>Project 2..............................100</td>
</tr>
<tr>
<td>Project 3 (total)...500</td>
<td>Project 3 (total)...500</td>
</tr>
<tr>
<td>Project 4 (total)...150</td>
<td>Project 4 (total)...150</td>
</tr>
<tr>
<td>Project 5A,B,C....400</td>
<td>Project 5A,B,C..................400</td>
</tr>
<tr>
<td>Total................1175</td>
<td>Total............................1375</td>
</tr>
</tbody>
</table>

**OVERALL GRADE:**

<table>
<thead>
<tr>
<th>Undergraduate</th>
<th>Graduate</th>
</tr>
</thead>
<tbody>
<tr>
<td>Grade</td>
<td>Percentage</td>
</tr>
<tr>
<td>-------</td>
<td>------------</td>
</tr>
<tr>
<td>A</td>
<td>&gt;93%</td>
</tr>
<tr>
<td>B</td>
<td>83% - 92%</td>
</tr>
<tr>
<td>C</td>
<td>73% - 82%</td>
</tr>
<tr>
<td>D</td>
<td>63% - 72%</td>
</tr>
<tr>
<td>F</td>
<td>&lt;62%</td>
</tr>
</tbody>
</table>

Grades will NOT be curved.

If taking the class for S/U, you must have ≥70% to get an S

If taking the class S/U, must have 83% or higher to get an S

MISCONDUCT:

The Student Handbook states that "Academic misconduct includes, but is not limited to.....

1. Cheating or knowingly assisting another student in committing an act of cheating or other forms of academic dishonesty;

2. Plagiarism, which includes, but is not necessarily limited to, submitting examinations, themes, reports, drawings, laboratory notes, undocumented quotations, computer-processed materials, or other material as one’s own work when such work has been prepared by another person or copied from another person;

3. Unauthorized possession of examinations, reserve library materials or laboratory materials;

4. Unauthorized changing of grades on an examination, in an instructor’s grade book, or on a grade report; or unauthorized access to academic computer records;

5. Nondisclosure or misrepresentation in filling out applications or other University records in, or for, academic departments or colleges."

Potential consequences include but are not limited to.....

1. Zero for exam, quiz or project involved;

2. Zero for the course as a whole;

3. Referral for disciplinary action.