

Buying Guide/Our Favorites

Nintendo Wii

If you are looking to purchase a new console, purchase one that enables you to play exergames. If you are looking to just purchase games, be sure to look for exergames that are available on each console. Below is a list of recommendations based on some of our favorite games for the Nintendo Wii.

Nintendo Wii

The Nintendo Wii, released in 2006, combines motion-sensor technology into game play. The system brings people of all ages and game experience together to play, representing a new era of gaming. The Wii console makes you feel less like a player and more like you're in the game. Because of the unique design of the Wii Remote, gaming has evolved from push button play to a full body experience.

Basic Equipment

Nintendo Wii Console	\$ 199.99
Nintendo Wii Remote Controller	\$ 34.96
Nintendo Nunchuck Controller	\$ 17.49
Controller Quadruple Charge Station	\$ 29.99

Active Games/Exergames

Wii Fit Plus with Balance Board	\$ 89.99
Wii Sports Resort with Motion Plus Sensor	\$ 46.99
Active Life Extreme Challenge Bundle with Mat	\$ 53.99
Lego Rock Band	\$ 46.99
Dance Dance Revolution Hottest Party Bundle with Mat	\$ 62.99
Ultimate Party Challenge with Dance Mat	\$ 49.49
Tony Hawk Ride: Skateboard Bundle	\$119.99
Super Mario Galaxy (on parent helping mode)	\$ 45.77

Nutrition/Fitness Games

Ea Sports Active	\$ 49.99
The Biggest Loser	\$ 36.99
Gold's Gym Cardio Workout	\$19.49

Educational Games

Big Brain Academy Wii Degree	\$ 26.99
Science Papa	\$ 22.49
Cooking Mama Cook Off	\$ 16.99

For more information, go to learninggameslab.org and exergamesunlocked.org.





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Buying Guide/Our Favorites XaviX

If you are looking to purchase a new console, purchase one that enables you to play exergames. If you are looking to just purchase games, be sure to look for exergames that are available on each console. Below is a list of recommendations based on some of our favorite games for the XaviX.

XaviX Port

The Xavix is a gaming system that was released in the US in 2004. It is an interactive system that uses sports equipment shaped controllers for each game. Every game played on the Xavix enables you to become part of the action, as the gameplay responds to your physical movements. Only active/exergames can be played on the Xavix. The Xavix is available for purchase at www.xavixstore.com

Xavixport Console	\$ 79.99
Xavix Power Boxing	\$ 59.99
Xavix J-Mat	\$ 89.99
Xavix Music and Circuit	\$ 69.99
Xavix Tennis	\$ 49.99



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Buying Guide/Our Favorites PlayStation2 (PS2)

If you are looking to purchase a new console, purchase one that enables you to play exergames. If you are looking to just purchase games, be sure to look for exergames that are available on each console. Below is a list of recommendations based on some of our favorite games for the PlayStation2 (PS2).

PlayStation 2

The PlayStation 2, made by Sony, has been around for a while and is still a popular and affordable console in many households. There are several exergames available for the PlayStation 2 so if you happen to have a PS2 already, look into getting some of these games to get your kids up off the couch and moving.

Basic Equipment

- PlayStation 2 Console \$ 99.99
- EyeToy Camera Controller \$ 29.99

Active Games/Exergames

- Dance Dance Revolution X with Dance Mat \$ 36.49
- Eye Toy Kinetic with Camera \$ 43.49
- Eye Toy Play \$ 79.98
- Eye Toy Groove (Software only) \$ 19.44

Nutrition/Fitness Games

- Yourself! Fitness \$ 39.99



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Buying Guide/Our Favorites PlayStation3 (PS3)

If you are looking to purchase a new console, purchase one that enables you to play exergames. If you are looking to just purchase games, be sure to look for exergames that are available on each console. Below is a list of recommendations based on some of our favorite games for the PlayStation3 (PS3).

PlayStation 3

Sony's newest console unleashes a brilliant, high-definition entertainment experience. Unfortunately there aren't many exergames available for the PlayStation 3, however there are a few games that are available that use non-standard controllers and allow you to become involved with the game more than you would with a standard, all-thumbs controller. Also, keep in mind that PlayStation2 games can play on this console as well.

PlayStation 3 Console	\$299.99
DDR Extreme 2 Bundle (with 2 dance pads)	\$ 89.98
Tony Hawk Ride: Skateboard Bundle	\$119.99
DJ Hero with Turntable	\$119.99
Rock Band	\$ 99.00
Lego Rock Band	\$ 46.99
Guitar Hero World Tour	\$ 39.92



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Buying Guide/Our Favorites Xbox 360

If you are looking to purchase a new console, purchase one that enables you to play exergames. If you are looking to just purchase games, be sure to look for exergames that are available on each console. Below is a list of recommendations based on some of our favorite games for the Xbox 360.

Xbox 360

The Xbox360, manufactured by Microsoft, has been around since 2005. The Xbox 360 Arcade entertainment system is an affordable option, providing everything players need to get their game on and experience the best in digital entertainment right out of the box. It allows you to not only to play video games, but to watch DVDs and listen to CDs as well. This system, like the PlayStation 3, does not have many exergaming options, however there are games that you can play with non-standard controllers. Below are a few of our favorites. Also, you can play most, but not all, Xbox games on this console.

Xbox360 Console

\$199.99

Active/Exergames

Dance Dance Revolution Universe 3 with Dance Mat

\$ 27.99

Tony Hawk Ride: Skateboard Bundle

\$119.99

Lego Rock Band

\$ 46.99

Non-Standard Controller Games

Burnout Revenge

\$ 64.75

Xbox 360 Wireless Racing Wheel

\$ 86.02

Guitar Hero World Tour

\$ 59.49



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Buying Guide/Our Favorites Nintendo DSi or DS

If you are looking to purchase a new console, purchase one that enables you to play exergames. If you are looking to just purchase games, be sure to look for exergames that are available on each console. Below is a list of recommendations based on some of our favorite games for the Nintendo DSi or DS.

Nintendo DSi or DS Hand Held

This is the newest version of the world's best-selling portable game system. Although you can't really play exergames on this system, it does offer some excellent tutorial type games for when you are on the go. There are also many educational games available for this system to help keep your child's brain in tip top condition.

Active/Exergames

Personal Trainer Walking	\$ 44.49
Let's Pilates	\$ 14.79
Jillian Michaels Fitness Ultimatum 2010	\$ 28.99
My Weight Loss Coach	\$ 19.34
Let's Yoga	\$ 29.49

Nutrition/Fitness Games

My Healthy Cooking Coach	\$ 19.99
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Educational Games

Cooking Mama	\$ 15.99
Gardening Mama	\$ 27.99
Brain Age	\$ 18.49
Scribblenauts	\$ 27.99
Marker Man Adventures	\$ 19.49
TreasureWorld	\$ 29.99
Professor Layton and the Diabolical Box	\$ 29.82
Henry Hatsworth in the Puzzling Adventure	\$ 21.99



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