USDA Hardiness Zones in the United States and Lower Canada

Note: Hardiness zones, or growing zones as they are commonly called, are based on average first and last killing frost dates, and are indicative of the growing period for that particular zone. The zones are determined by recording the dates of the first and last killing frost over a number of years, then averaging the dates to arrive at first and last frost dates typical for that region.

The growing period is only one determinant of crops that can be grown in any given area, and should be considered as a starting point only. Other determinants include average precipitation, soil type, topography, and microclimate factors.

All the above factors should be taken into consideration in making appropriate crop species selections for your area.