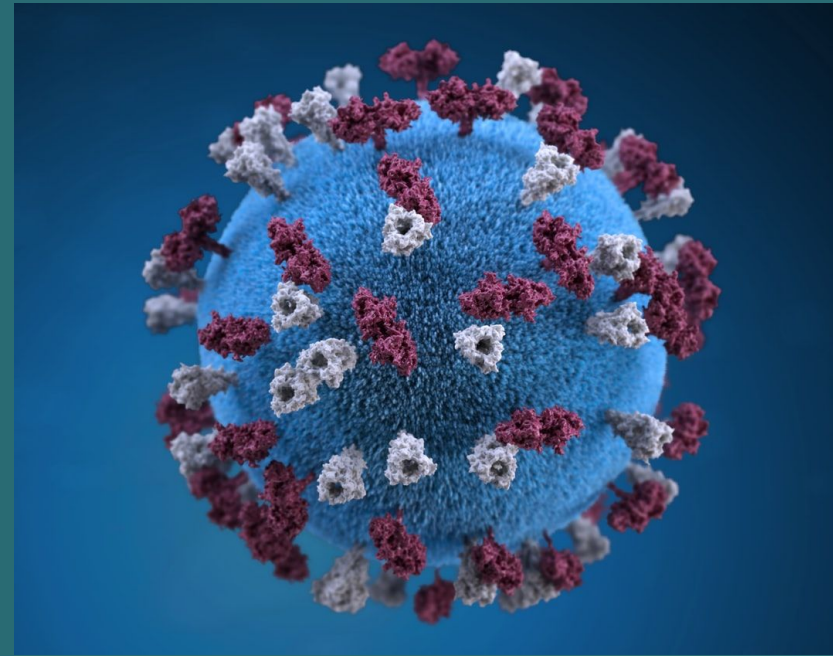


Are You a Teen Feeling Impacted by COVID?

NMSU Cooperative Extension Service presents

COVID STINKS: LET'S TALK ABOUT IT

Join us for a four part series to address
our mental and emotional health



**TUESDAY DEC 1ST AND 8TH
THURSDAY DEC 3RD AND 10TH
7:00 – 7:30 PM**

Free Zoom Event - Open to 14-18 year olds- Limited Enrollment

Learn tools to help navigate and cope with different feelings

To register or for more information go to
<https://aces.nmsu.edu/4h/>

Please contact Desaree Jimenez at
deswhitf@nmsu.edu for questions

If you are an individual with a disability who is in need of an auxiliary aid or service to participate, please contact Amanda Benton in advance at abenton@nmsu.edu. New Mexico State University is an equal opportunity/affirmative action employer and educator. NMSU and the U.S. Department of Agriculture cooperating.