



# New Mexico 4-H Greentop Project Guide



New Mexico 4-H Is A Program of New Mexico State University's Cooperative Extension Service

400.C-6  
(New 2009)

## New Mexico 4-H Cross Stitch A 4-H Fibercraft Project

### In this project youth will learn:

#### Level I

1. Correct use of embroidery equipment – needles, hoop, thimble, and embroidery scissors.
2. To read instructions and work a stamped (transfer) cross stitch design.
3. To use thread correctly – how to separate and recombine threads, length of use, how to start and end stitches.
4. How to use an embroidery transfer pattern to stamp a design for a cross stitch project.
5. How to finish project in an appropriate manner.

#### Level II

1. Appropriateness of even weave fabrics for a **counted cross stitch** project.
2. Appropriateness of thread for cross stitch on even weave fabrics.
3. How to read a counted cross stitch chart.
4. A variety of ways to finish and display a counted cross stitch project.

#### Level III

1. How to make a chart from a picture or an original design.
2. How to work a cross stitch design on a plain weave or knitted fabric using waste canvas.
3. How to do Assisi work. In this, the background is done in cross stitches and the design is left blank.
4. How to use a cross stitch project as a picture – how to back, mat and frame a cross stitch project correctly.

### In this project you will:

#### Level I

1. Study needlework magazines and books to learn cross stitch techniques.
2. Practice the stitches involved in completing a cross stitch project.
3. Select a **pre-stamped** project to complete.
4. Select any **embroidery transfer** for a cross stitch design, fabric to use and thread to complete the project.
5. Study appropriate finishing techniques to use for each project.

#### Level II

1. Increase understanding of fabrics and yarns that are appropriate for counted cross stitch projects by studying books and magazines on cross stitch.
2. Learn how to estimate the amount of fabric required for a project.
3. Learn how to prepare an even weave fabric for a counted cross stitch project.
4. Learn a variety of ways to finish and display a counted cross stitch project.

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### Level III

1. Study needlework books to learn about other stitches which have been used in combination with cross stitch to create special needlework styles such as Spanish Blackwork, Assisi, Hardanger embroidery and drawn work.
2. Compute the cost of the projects made. Include cost of all materials and the time invested. Compare cost and quality with similar machine-made items. Be sure to include cost of items used to complete the project such as mat and frame.
3. Appropriate finishing techniques for the projects made.

### **Exhibit** (with record sheet):

#### Level I

1. A dish towel, pillowcase, apron, scarf for a chest or dresser, picture or wall hanging made using a **prestamped** cross stitch design.
2. A dish towel, pillowcase, apron, scarf for a chest or dresser, picture or wall hanging made using an **embroidery transfer** design.

#### Level II

1. An article on even weave fabric with a design worked from a **charted design**.
2. An article on gingham with a design worked from a **charted design**.
3. An article on perforated paper with a design worked from a **charted design**.

#### Level III

1. An article with a design charted from a picture.
2. An article with a design from an original chart.
3. An article done in Assisi.

### **Materials included with this project:**

- 4-H Project Record Sheet 300 A-7 (R-2002)
- 4-H Cross Stitch Project Greentop # 400.C-6

### **Leadership/ Citizenship Activities**

- Give a talk or demonstration about your cross stitch project at your club or county contest.
- Assist with fairs or Achievement Day in your county.
- Teach another person one of your skills you've learned.
- Donate items created to a local nursing home or Senior Center during Christmas
- Donate items created for a 4-H fundraiser.

### **Other related projects/publications**

- Needlepoint
- Embroidery
- Crochet
- Macreme
- Knitting