



New Mexico 4-H Greentop Project Guide



New Mexico 4-H Is A Program of New Mexico State University's Cooperative Extension Service
400.C-4
(New 2007)

New Mexico 4-H Knitting I & Advanced A 4-H Fibercraft Project

In this project, youth will learn:

Level I

- ⇒ To read and follow instructions for basic knitting stitches.
- ⇒ To understand abbreviations for stitches and procedures.
- ⇒ To handle needles and yarn correctly.
- ⇒ These basic procedures of casting on, knit, purl, and binding off.
- ⇒ To check gauges of stitches and patterns.
- ⇒ To join knitted pieces, using needle and yarn.
- ⇒ To block knitted articles.

Level II

- ⇒ These basic procedures of increasing, decreasing, slip-stitch, yarn over, picking up stitches along an edge, and to join knitted pieces using crochet hook and yarn.
- ⇒ To correct mistakes.
- ⇒ To use two or more colors of yarn (as in horizontal stripes).

Level III

- ⇒ At least five variations of basic knitting stitches such as cable popcorn, basket weave, shadowbox, horseshoe cable, double seed and others.
- ⇒ Knitting with four needles.
- ⇒ To make buttonholes.
- ⇒ To make crocheted buttons and knitted and crocheted decorative edgings.
- ⇒ To carry yarn of various colors to create a color design in pattern such as Fair Isles, Norwegian, Argyle and Scandinavian designs.

In this project, you will:

Level I

- ⇒ Increase knowledge of knitting needles, knitting yarn and basic knitting techniques by studying needlecraft magazines and books.
- ⇒ Learn basic knitting stitches by making at least two simple articles (slippers, scarf, cap or head band).
- ⇒ Practice gauging basic knit and purl stitches.

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Level II

- ⇒ Review needlecraft magazines and books to learn techniques for increasing, decreasing using two or more colors and correcting mistakes.
- ⇒ Make practice articles that include the increasing and decreasing; connecting knitted pieces to form article; using two or more colors of yarn (as in horizontal stripes); and basic knitting stitch variations – ribbing, seed stitch, garter stitch, and stockinette.

Level III

- ⇒ Study needlecraft magazines and books to learn a variety of knitting patterns and the sizes of needles and yarn to use for each of them. Also, explore the use of circular needles and four needles in knitting.
- ⇒ Practice a variety of knitting patterns using various sizes of yarn and needles to learn the effect of each on designs.
- ⇒ Make a simple project to master the use of four needles in knitting.
- ⇒ Practice creating designs of two or more colors such as Fair Isles, Norwegian, Argyle and Scandinavian motifs.

Exhibit (with record sheet)

Level I

Two small articles, using the basic knitting stitches – knit and purl (head band, cap, slippers, belt, purse, placemats, pillow top, scarf, muffler, or other items).

Level II

Two articles (shrink, vest, simple sweater, poncho, shawl, cap and mittens) showing:

- a. Increasing and decreasing stitches.
- b. Two or more connected pieces.
- c. Use of two or more colors (as in stripes).
- d. A combination of at least two variations of basic knit and purl stitches in *each* article.

Level III

1. Garment or large article such as an afghan, coat, sweater, dress, suit or other item, using a pattern that includes a design variation in stitch pattern and/or color.
2. Mittens, socks or hat knitted using four needles.

Required Publications:

- 4-H Knitting Project and Record Book 100.C-4 (R-07)

Materials included with this project:

- 4-H Project Record Sheet 300 A-7 (R-2002)
- 4-H Knitting Project Greentop #400.C-4

Requirements:

- Review your project book, record sheet and greentop to become familiar with the project before first Project meeting or practice.
- Complete the General Project Guidelines.
- Participate in club and county, district or state contests.

- Participate at county and state fairs.
- For completion of the Knitting Project, complete the record sheet and turn in a county record book to your local Extension Agent.
- Project requirements vary according to First Year or Second Year.

Items made can be exhibited at local fairs depending on your experience:

- Local county fairs
- Demonstration project

Leadership Activities

- Give a talk or demonstration about your knitting project at your club or county contest.
- Assist with fairs or Achievement Day in your county.
- Teach another person one of your skills you've learned.

Citizenship Activities

- Donating what you have created to a local nursing home or Senior Center during Christmas or any other opportunity that presents itself.
- Donate items created for a 4-H fundraiser.

Other related projects/publications

- Needlepoint
- Crochet
- Cross Stitch
- Other publications available on line at <http://cahe.nmsu.edu/pubs/>

Written by Tammy Dunlap, Extension Program Assistant, October 2007.