



# New Mexico 4-H Greentop Project Guide



New Mexico 4-H Is A Program of New Mexico State University's Cooperative Extension Service

**400.F-49  
(N-2004)**

## **New Mexico Flavor**

New Mexico is called The Land of Enchantment because of its beautiful scenery, rich culture and unique authentic food. Taking this project, you will appreciate the state's rich culture and learn about the importance of agriculture in New Mexico.

4-Hers will:

- Learn how to grow and harvest chile
- Make a chile ristra
- Prepare salsa and flour tortillas
- Make New Mexico hot chocolate
- Decorate a recipe box and holder
- Make a special craft item using native materials

## **Materials that are Included With this Project**

- 4-H Project Record Sheet 300.A-7 (R-02)
- New Mexico Flavor Greentop 400.F-49 (N-04)
- New Mexico Flavor 100.F-49 (N-92)

## **What Can Be Done**

### **Club:**

Give demonstrations on:

Making salsa

Making flour tortillas

Growing chile

Making ristras

Decorating recipe boxes

### **Visit:**

New Mexican food restaurants (ask for a tour of the kitchen)

Chile farms or processing plants

Invite a chile producer as a guest speaker

New Mexico State University is an equal opportunity/affirmative action employer and educator.  
NMSU and the U.S. Department of Agriculture cooperating.

**County:**

Enter a plate of 6 green chiles

Enter a plate of six red chiles

Enter a chile ristra you made

Enter a plate of 3 homemade flour tortillas

Enter a recipe box

Enter presentations or public speaking county contests

Participate in Favorite Foods at County Contests

**District/State**

Give a presentation or speech at District or State Contests

Participate in Favorite Foods at District or State Contests

**Other Relevant Projects**

|                           |  |
|---------------------------|--|
| Uniquely New Mexico       | appreciate, preserve and share the heritage of New Mexico                                      |
| New Mexico Roundup        | introduction to the variety of New Mexico foods and the culture that brings those foods to us. |
| Public Speaking           | give a speech on the Land of Enchantment.  |
| Horticulture              | learn about growing chilies and other plants   |
| Wildlife                  | learn about animals native to New Mexico   |
| Wood Science              | reate southwest designs out of wood  |
| Family Life               | talk to older people who have lived in New Mexico and learn about our history                  |
| Fibercraft                | learn to make southwest crafts from yarn and other textiles                                    |
| Creative Touches          | embellish clothes with a New Mexico flare  |
| Foods & Nutrition         | learn more about nutrition and New Mexican foods   |
| Housing & Interior Design | decorate your room in traditional New Mexican style  |
| Arts & Crafts             | create southwest and New Mexican crafts or artwork   |