

DEGREE: Bachelor of Science in Family and Consumer Science
 MAJOR: Human Nutrition and Dietetic Science
 OPTION: Nutrition Education

2016-2017 Catalog Year

Name:
 ID #:
 Date & Advisor:

Course Subject and Title	Credit Hours	Minimum Grade	Completed	Additional Degree Requirement Notes
Freshman Fall Semester	17			
ENGL 111G Rhetoric/Composition	4	C		
MATH 121G College Algebra	3	C		Or MATH 142G
AXED 201G Effective Leadership and Communication in Agriculture OR COMM 265G Principles of Human Communication	3	C		Or COMM 253G Public Speaking
BIOL 111G/111L Natural History of Life with lab	4	-		Or BIOL 211G/211L if CHEM 111 is completed
HNDS 251 Human Nutrition	3	C		
ACES 111/121 Freshman Orientation (for all incoming freshman)	2			Not required for the degree or verification statement. Highly recommended if new to NMSU.
Freshman Spring Semester	14			
ENGL 203G Business & Professional Communication OR ENGL 218G Technical & Scientific Communication OR	3	C		Will accept any ENGL from Common Core Area II Level 2 course listing in the course catalog.
FCS 181 Interpersonal Skills	3	-		
Social/Behavioral Science Common Core Course	3	-		Refer to Undergraduate Catalog for required core courses under Area IV (~pp. 18-19)
HNDS 201 Seminar 1 – Becoming a Nutrition Professional (Spring Only)	1	C		Only available in the Spring.
CHEM 111G/111L General Chemistry I with lab	4	-		Prerequisite: math placement score adequate to enroll in courses beyond MATH 120

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Sophomore Fall Semester	15			
Social/Behavioral Science Common Core Course	3	-		Refer to Undergraduate Catalog for required core courses under Area IV (~pp. 18-19)
PSY 201G Introduction to Psychology	3	-		
FCSE 245 Overview of FCS Teaching (Fall Only)	3	C		
Humanities and Fine Arts Core Course	3	-		Refer to Undergraduate Catalog for required core courses under Area V (~pp. 16-17)
PHLS 150G Personal Health and Wellness	3	C		
Sophomore Spring Semester	16			
Humanities and Fine Arts	3	-		Refer to Undergraduate Catalog for required core courses under Area IV or V (~pp. 16-17)
FSTE 263G Food Science I (Spring Only)	4	C		Only available in the Spring.
BIOL 225 A&P 1 (at DACC)	3	-		Prerequisite is CHEM 111 Or SP M 271/271L Anatomy & Physiology I with lab Or BIOL 350 Human Anatomy – Special Topics course soon to be BIOL 353 (5 credits)
PHLS 275 Foundations of Health Education	3	C		Prerequisite PHLS 100 or PHLS 150G
Humanities and Fine Arts Core Course	3	-		Refer to Undergraduate Catalog for required core courses under Area V (~pp. 18-19)

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Junior Fall Semester	16			
BIOL 226 A&P 2 (at DACC)	3	-		Prerequisites are A&P I and CHEM 111 Or SP M 371/371L Anatomy & Physiology II with lab (Or BIOL 254 Human Physiology – prerequisite is BIOL 190 or 211G/L & CHEM 111) Or SP M 308 Exercise Physiology
FSTE 320 Food Microbiology (Fall Only)	3	-		Only available in Fall. Prerequisite BIOL 111 or 211 (Will also accept BIOL 219 + BIOL 311L OR BIOL 311/311L).
HNDS 363 Quantity Food Production and Service Or FSTE 375 ACES in the Hole Foods III	4	-		Prerequisite is FSTE 263G Prerequisite for FSTE 375 is FSTE faculty approval
PHLS 395 Foundations of Public Health	3	C		Will accept PHLS 295.
HRTM 263 Food Production and Service Fundamentals	3	-		Prerequisite: FSTE 263
Junior Spring Semester	15			
Viewing a Wider World Core Course	3	-		Refer to Undergraduate Catalog for required VWW courses (~pp. 19-20). Refer to 'Recommended List' available from your advisor.
PHLS 320 Human Stress Management (Spring Only)	3	-		Only available in Spring.
Research Methods	3	-		Will also accept AXED 456 Intro to Research Methods – Fall only SOC 352: Social Research Methods PSY 310 Experimental Methods (prereq: STAT251G) PHLS 451 Biometrics and Health Research FCSC 400 Research Methods
HNDS 350 Life Cycle Nutrition (Spring Only)	3	C		Only available in the Spring. Prerequisites – A&P 2 and HNDS 251
FCSE 345 Management Concepts in FCS Teaching (Spring Only)	3	C		

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Senior Fall Semester	15			
HNDS 403 Community Nutrition (Fall Only)	3	C		Only available in the Fall. Prerequisite - HNDS 350
PHLS 461 Health Disparities: Determinants and Interventions (Fall Only)	3	C		
HNDS 420 Nutrition Counseling & Communication (Fall Only)	3	C		Prerequisites - HNDS 251, 350, and senior status.
RDG 414 Content Area Literacy	3	C		
FCSE 446 Teaching Methods I for FCS (Fall Only)	3	C		Prerequisites: FCSE 245 and FCSE 345 and an overall GPA of at least 2.5, or consent of instructor. Restricted to majors.
Senior Spring Semester	16			
Viewing a Wider World Core Course	3	-		Refer to Undergraduate Catalog for required VWW courses (~pp. 19-20). Refer to 'Recommended List' available from your advisor.
PHLS 459 Infectious and Noninfectious Disease Prevention (Spring Only)	3	C		Only available in Spring. Prerequisite PHLS 395.
PHLS 464V Cross-Cultural Aspects of Health (Spring Only)	3	C		Suggested PHLS elective. Available only in the Spring.
HNDS 407 Community Nutrition Field Experience	4	C		Emphasis in Nutrition Education Prerequisite/Corequisite - HNDS 403
FCSE 447 Teaching Methods II for FCS	3	C		Prerequisites: FCSE 245, FCSE 345, FCSE 445, FCSE 446 and an overall GPA of at least 2.5, or consent of instructor. Restricted to majors.
Total	125			