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Hello 4-H families!

Hang on to your hats, 4-H is in full swing as we move into the month of May. As the school year winds down and the barns fill with animals, we hope you feel the excitement for all of the great summer events to come. With County Contests under our belts, it is time to start thinking about preparation for District and State contests. We are so proud of all of your achievements at County Contests this year, what an outstanding effort! We would like to wish our Seniors, Alex, Benjamin, Gracie, Maggie, Abbie, and Kadin lots of luck and a great time at the State Shooting Sports competition this weekend! We hope our Novice and Junior members will be able to attend the District Shoot in Raton on June 11th. And we always look forward to the District and State contests in June and July. It is a good time! Stay tuned for registration details to come.

As you begin to think about your projects this year, please see the schedule

for indoor exhibits on page 2. We know some of you will be busy exhibiting livestock and homemade delights at the Rio Arriba County fair during the same week, so we encourage you to plan ahead to be able to take advantage of the opportunity to exhibit your projects. Please let us know how we can help! We would like to wish all of our FANTASTIC 4-H moms a Happy Mother's Day! Thank you for all you do in raising such awesome 4-H kiddos. 🍀

Your Los Alamos CES Team
Angela, Audrey, and Desaree

Project Clip: **Baking I**

Project Overview:

This project is designed to teach the basic skills necessary to produce a wide variety of basic baked products, including biscuits, muffins, brownies, and cookies.

Key Learning Topics:

- Basic kitchen and food safety practices
- Baking terms
- Steps necessary to prepare for baking
- To identify and use basic kitchen equipment
- How to measure dry and liquid ingredients accurately
- How to make a variety of recipes and judge their quality
- Jobs and careers in the food preparation field

What you can exhibit at the fair:

- Three (3) Biscuits
- Three (3) Plain Muffins
- Three (3) Chocolate Chip Cookies
- Three (3) Ginger Cookies
- Three (3) Snickerdoodles
- Three (3) Plain Brownies – 3” x 3” squares

**4-H'ERS ARE
THE BEST
4-H MOMS
MAKE THEM
BETTER
Happy Mother's Day**

Club News

High Country Team 4-H Update

by **Sylvia Stanek**

On April 11 the High Country Team 4-H club held a business meeting where there were two guest speakers that talked about Los Alamos Bee City and the importance of pollinators. During that meeting we did a hands-on activity making seed balls and transplanting plants. We also started our spring fundraiser selling native perennial plants for pollinators this month. Then on April 19-21 was YGA (youth get away) which 5 of our members attended. Finally, on April 25 we held a project meeting where 4 of our members gave demonstrations: we learned origami, we did a leadership activity, and we learned about algae. Thanks for reading I look forward to sharing more with you next week.

Los Alamos County Fair

August 2-4, 2024

Indoor Exhibits Schedule

ALL EXHIBITS MUST BE PRE-REGISTERED!

Entry Forms can be found on the website at: <https://losalamoextension.nmsu.edu/documents/Indoor-Exhibit-entry-form-fillable-pdf.pdf>

2024 Class lists can be found at: <https://losalamoextension.nmsu.edu/documents/NM-4-H-Indoor-Exhibit-Classes-2024-Compiled.pdf>

Non-perishable project entries will be accepted July 1st – 19th at the Extension Office.

Perishable entries will be accepted on Thursday, August 1st (8:00 -10:0 a.m.) at the library (3rd floor).

County Council Update by Sylvia Stanek

On April 7 County Council members led the award ceremony for county contests as well as handed out the awards for it.



Adalene, McKindry, Chloe, Emilia, and Sylvia attended YGA this year. Sam served as a counselor. It was a good time!

Youth Getaway 2024



County News

Babysitting Workshop

May 18
White Rock Activity Center
12:30 – 5:00 pm
Ages 13-18
Cost is \$15/person
Register with LA CES Office by May 15
*Open to the public. Bring a friend!

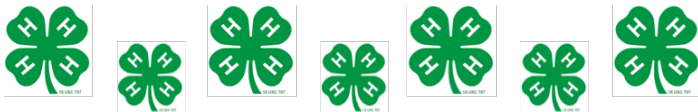
Free Bernina sewing machine to the first person to call the office and claim it! (505) 662-2656.

LOS ALAMOS COUNTY 4-H CLUBS

Boots & Bridles Club
Meets the 3rd Sunday of the month at 12:00 p.m.
at St. Joe's in White Rock
Contact Denise Hansel: denise0188@gmail.com

High Country Team 4-H
Meets the 2nd Thursday of the month at 6:00 p.m.
at the White Rock Activity Center
Contact Lena Zielie: 4lrbug@gmail.com

Team LA Young Guns (Shooting Sports)
Contact Mike O'Neill: shotgunoneill@gmail.com



Rio Arriba County Fair

July 30th – August 4th

Sheep & Goat tagging

May 6th (White Rock) 4pm
Please see e-mail with instructions sent out 4/18.

Poultry & Rabbit tagging

June 29th 8am-1pm (Abiquiu)
LA – TBD

Barn set-up on July 28th 9:00 am

ATTENTION RABBIT EXHIBITORS!

All rabbits are required to be vaccinated for Rabbit Hemorrhagic Disease prior to the Rio Arriba County Fair. Dr. Harwell will be at the fairgrounds in Abiquiu to administer during the rabbit/poultry tagging event on June 29. Please let us know in advance if you plan to attend. Vaccines may be administered anytime prior to the fair.

ATTENTION POULTRY EXHIBITORS

The poultry show will take place on Tuesday, July 30 at 9 am. Animals will be released at the end of the day except for class winners and Grand Champions.

The Bi-County Archery Contest was a success!

Congratulations to our District qualifiers: Johnny, Penny, Vicky, Jennifer, Adalene, Gwen, Nick, Archer, Maliyah, Joselyn, and Markus.

Congratulations to Alex and Gracie who qualified for State.

Good luck to all of our competitors!





Babysitting Workshop

- ✓ Is babysitting right for you?
- ✓ What is a prepared babysitter?
- ✓ How to interact with children.
- ✓ How to be a safe babysitter.
- ✓ How to care for the children you are watching.

Saturday, May 18, 2024

White Rock Activity Center

12:30 - 5:00 pm

Ages 13-18

Cost is \$15/person

***Open to the public! Limit 10 participants
Register by May 15 with Los Alamos
Cooperative Extension Office by calling
505-662-2656 or emailing
losalamos@nmsu.edu**

If you are an individual with a disability who is in need of an auxiliary aid or service to participate, please contact Los Alamos Cooperative Extension in advance at (505) 662-2656 or losalamos@nmsu.edu.



BE BOLD. Shape the Future. New Mexico State University

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County Contests

County Contests were so much fun!
Great job Los Alamos County 4-H members!

We had great participation in every contest and even showcased Fashion Revue and Talent entries this year!



State News

NORTHERN DISTRICT 2024 4-H CONTEST

CLAYTON, NM
MORE INFO TO FOLLOW

SAVE!
THE DATE

Registration
deadline June 10th
Cost: \$25



JUNE 25-26



The College of Agricultural, Consumer and Environmental Sciences is an engine for economic and community development in New Mexico, improving the lives of New Mexicans through academic, research, and Extension programs. New Mexico State University is an equal opportunity / affirmative action employer and educator. NMSU and the U.S. Department of Agriculture cooperating. If you are an individual with a disability who is in need of an auxiliary aid or service to participate, please contact the Northern District Office by June 11, 2024, at (505)-983-4615.

NORTHERN LIVESTOCK SCHOOL

JUNE 21 & 22, 2024

AT THE VALENCIA COUNTY
FAIRGROUNDS IN BELEN, NM

TRACK SELECTIONS: LAMBS, MEAT GOATS, DAIRY GOATS, & HOGS

REGISTRATION OPENS MAY 1ST AND CLOSES JUNE 14TH

REGISTER ONLINE:

<https://fs28.formsite.com/kalander/14nkilzqlx/index>

COST: \$55
LUNCH PROVIDED ON
SATURDAY

DRY CAMPING
AVAILABLE

CHECK IN BEGINS:
10:00 A.M.

INSTRUCTION BEGINS: 1:00 P.M.
ONCE REGISTERED YOU WILL

RECEIVE
AN EMAIL WITH
CONFIRMATION
AND FULL DETAILS

For more information contact Kathy Landers at 505-863-3432
or Sierra Cain at 505-565-3002



NEW MEXICO STATE UNIVERSITY IS AN EQUAL OPPORTUNITY EMPLOYER. ALL PROGRAMS ARE AVAILABLE TO EVERYONE REGARDLESS OF AGE, COLOR, DISABILITY, GENDER, NATIONAL ORIGIN, RACE, RELIGION, SEXUAL ORIENTATION OR VETERAN STATUS. NMSU AND THE USDA COOPERATING. IF YOU ARE AN INDIVIDUAL WITH A DISABILITY AND NEED AN ACCOMMODATION PLEASE CONTACT KATHY LANDERS BY JUNE 7, 2024 AT 505-863-3432



Small Animal School

Three tracks offered:



With an option for Cloverbuds.

May 18, 2024 | 8am-5pm

Bernalillo County
Extension Office
Albuquerque



Registration Link:

<https://tinyurl.com/2024smallanimal>

Space is limited

Registration Fee: \$50

Registration Deadline:

May 3, 2024

If you are an individual with a disability and need an auxiliary aid or service please contact Bernalillo County Extension at 505-243-1386 by May 3, 2024.



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Southern Regional Livestock School

June 12th-14th, 2024

Luna Co. Fairgrounds
Deming, NM

2024 Instructors



Tracy Drummond-NM
Max of 15 participants



Kenny Word-OK
Max of 30 participants



Johnny Perrea-NM
Max of 30 participants



Luther Dunlap-NM
Max of 30 participants

Check-in

9AM- 11PM Wednesday

1PM Instruction Begins

Schedule

1PM- 5:30PM Wednesday

8AM- 7PM Thursday

8-4 Friday

Activities

Pool Party/Cook Out-Wednesday

Dance- Thursday

Livestock Jackpot- Friday/
Saturday

Registration

Opens May 1, 2024

\$150 (covers all meals except breakfast)

\$30 meal band available for non participants

REGISTER ONLINE <https://livestockschool24.ezregister.com>

For More Information Contact: Sara Maria (575) 394-2375; Savannah Graves (575) 915-5840; Teresa Deans (575) 525-6649 or Emily Bruton (575) 825-0610



If you are an individual with a disability please contact Sierra CES at (575) 894-2375 by June 10th.

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State News

Registration closes
May 6



SAVE THE DATE!

NEW MEXICO 4-H HORSE SCHOOL

Fun week of riding classes and more with industry professionals!

Must bring your own horse!

RV/ Trailer Hook-ups available for small fee.

JUNE 3-6
MCGEE PARK
FARMINGTON, NM

San Juan County
505-334-9493

NM State 4-H
575-646-3026

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JOANN  

SHARE YOUR 4-H CRAFT CREATIONS
#JOANNLOVES4H

To register for 4-H rewards visit:
<https://www.joann.com/4-h-form/>

Rabbit Workshop in Sierra County

Come and join us June 1st at 10:00 am, in the Quonset hut at the fairgrounds in T or C.

This year we'll have some wonderful guest speakers, and they might bring some rabbits and cavies (guinea pigs) for sale to help 4H kids with this year's projects.

A FUN SHOW for youth will happen after the guests have finished talking and demos.

We will also have a raffle for a rabbit donated by Erin Roy tickets are 5.00 a piece

The Desert Flowers 4H group will have drinks and snacks for sale

For more information, please contact
Kendra Ahlquist or Crystal Walton
575-740-7612 575-740-7826

THIS SUMMER 2024

STEP INTO THE SPOTLIGHT

NEW MEXICO STATE 4-H CONFERENCE

JULY 8-11 | LAS CRUCES



New Mexico State University is an equal opportunity / affirmative action employer and educator. NMSU and the U.S. Department of Agriculture cooperating.

State 4-H Leadership Team

Applications are due in the county office
May 20th.

You may also submit your application early!

Take 10 with 4-H

May 2: Ranch Camp (12:15 pm)
Food Challenge (12:30 pm)
Parliamentary Procedure (12:45 pm)

Recordings can be found at:
<https://nm4h.nmsu.edu/4h/take10.html>



DATES TO REMEMBER	
May 3-5	STATE EVENT: State 4-H Shooting Sports Competition (Raton)
May 4	Sheep/Goat/Swine tagging for RACFA (Abiquiu)
May 6	Sheep/Goat/Swine tagging for RACFA in Los Alamos
May 15	Registration Deadline Babysitting Workshop
May 18	Babysitting Workshop
May 18	STATE EVENT: Small animal livestock school (Albuquerque)
May 24	Registration Deadline District Shooting Sports
May 27	EXTENSION OFFICE CLOSED – Happy Memorial Day!
June 2024 (TBD)	COUNTY EVENT: Cloverbud Camp
June 10	Registration Deadline District Contests
June 11	STATE EVENT: District Shooting Sports Competition (Raton)
June 12-14	STATE EVENT: Southern Livestock School (Deming)
June 21-22	STATE EVENT: Northern Livestock School (Valencia County)
June 25-26	DISTRICT EVENT: District Contests (Clayton, NM)
June 2024 (TBD)	Poultry/Rabbit tagging for RACFA (LA)
July 4	EXTENSION OFFICE CLOSED – Happy Independence Day!
July 8-12	STATE EVENT: State 4-H Conference (Las Cruces)
July 30 – August 4	Rio Arriba County Fair
August 2-4	Los Alamos County Fair



CONTACT US
(505)662-2656
E-mail: losalamos@nmsu.edu
Website: www.losalamosextension.nmsu.edu