

Desaree Jimenez

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Education

Alternative Teacher Licensure Program, Northern New Mexico College, Espanola, NM, 2004

Master of Arts, Agricultural Extension Education, New Mexico State University, Las Cruces, NM, 1999

Bachelor of Criminal Justice, New Mexico State University, Las Cruces, NM, 1993

Career Experience and Accomplishments

New Mexico State University

Family and Consumer Sciences/4-H Agent, Los Alamos Cooperative Extension Service, Los Alamos, NM. November 2017-present.

- Plan and deliver county-wide family and consumer science educational programming to include nutrition and fitness, food preservation, food safety, diabetes prevention education, family finance, heart healthy and diabetes cooking programs, as well as other family and consumer science related programs.
- Responsible for the 4-H Home Economics youth development program.

County Extension Director, Family and Consumer Sciences Agent, Rio Arriba Cooperative Extension Service, Abiquiu, NM. December, 2008 – April, 2016.

July 2014 – Received tenure and promoted to the academic rank of Associate Professor.

Appointed County Extension Director, October, 2012 - Responsible for the management of the total Rio Arriba County Extension program and staff, including oversight of the Rio Arriba CES budget and offices.

- Planned and delivered county-wide family and consumer science educational programming to include nutrition and fitness, food preservation, food safety, diabetes prevention education, family finance, heart healthy and diabetes cooking classes, life skills education, as well as other family and consumer science related programs for adult and youth audiences.
- Responsible for the Ideas for Cooking and Nutrition program (ICAN), the supplemental nutrition assistance education program in Rio Arriba County. Coordinated, developed and implemented ICAN programs with two nutrition educators for adult and youth audiences.

- Responsible for the 4-H Home Economics youth development program.

Extension Agent, Just Be It! Healthy and Fit/ICAN Program, Rio Arriba Cooperative Extension Service, Abiquiu, NM. June, 2006 – December, 2008.

- Co-authored, coordinated and implemented the Just Be It! Healthy and Fit (JBI), nutrition and fitness program, and/or ICAN classroom program in four counties.
- Responsible for researching, developing and organizing lesson plans in nutrition and fitness for 5th grade classes, as well as other youth serving organizations.
- Administered, collected and interpreted data from students, teachers, and parents for the JBI program.
- Increased nutrition and fitness knowledge of 155 students by 38%.
- In conjunction with JBI Committee, developed program brochures, booklets, parent newsletters, poster sessions and workshop presentations.

Extension Agent, Youth-At-Risk Program, Rio Arriba Cooperative Extension Service, Abiquiu, NM. March, 2004 – June, 2006.

- Developed and implemented a variety of life skill programs to schools and youth serving organizations to include drug prevention, conflict resolution, nutrition, and team building.
- Researched and developed the Teen Connections program.
- Delivered the Teen Connections Life Skills and Drug Prevention (TC) program to every 7th grade student in the Espanola Public School District.
- Over 500 students increased their knowledge regarding life skills taught by an average of 25%.
- Provided support to other Extension programs.

Program Coordinator, 4-H Afterschool Program, Rio Arriba Cooperative Extension Service, Espanola, NM. June, 2000 – March, 2004.

- Planned, coordinated and implemented after school programs at five school-based sites.
- Responsible for hiring and staff training for approximately 23 employees.
- Oversight and responsibility to develop and organize educational programs to include: substance abuse prevention education utilizing 4-H curricula and materials; diversity and cultural awareness; life skills development; character building activities; personal growth and development; and health, fitness and nutrition programs.
- Provided fiscal management of a U.S. Dept. of Justice grant with a budget of \$750,000.

Coordinator for Special Programs, College of Agriculture and Home Economics, Academic Programs, Las Cruces, NM. January, 1999 – June, 2000.

- Grant writing, planning and administration, including fiscal management.
- Provided leadership for articulation agreements with two and four-year post-secondary institutions.
- Coordinated student placement for internships and student employment.
- Organized recruiting activities with community colleges, high schools, and other various events throughout the state.

- Responsible for collecting statistical data on graduating student college satisfaction.
- Participated in advisement activities.

U.S. Department of Agriculture

Special/Confidential Assistant, Schedule C Political Appointment, USDA, Office of the Under Secretary for Research, Education, and Economics (REE), Washington, DC. September, 1997 – January, 1999.

- Served as Special/Confidential Assistant to coordinate activities and assignments for the REE immediate staff.
- Served as the Under Secretary's representative to REE agencies, agencies in the Federal Government, and representatives of the private and public sector.
- Point of contact for international programs and related higher education activities.
- Liaison with Native American groups; Hispanic Serving Institutions; and the Historically Black Colleges and Universities representatives.
- Provided continuity on pending matters in the absence of the Under Secretary.

New Mexico State University

Coordinator of Special Programs, College of Agriculture and Home Economics, Academic Programs, Las Cruces, NM. December, 1996 – September, 1997.

- Provided leadership for articulation agreements with two- and four-year post-secondary institutions.
- Liaison to tribal colleges and Hispanic Serving Institutions in New Mexico.
- Coordinated contacts for internships and job placement.
- Wrote, edited and provided assistance with grant writing activities.
- Worked with the College recruiter on recruiting activities with high schools and community colleges.



Professional Committees and Organizations

NMSU Rio Arriba CES

- Search Committee Member – Agricultural Agent - 2013
- Search Committee Member – 4-H Agent – 2009
- Rio Arriba Extension Advisory Council, 2000-2016
- Rio Arriba County Fair Association, Ex-officio, 2008-2016

Community – Local Boards/Committee/Councils

- Los Alamos Retired Seniors Organization Member, 2017-present
- Los Alamos Community Health Council member, 2018 - present
- Rio Arriba County Fair Association Member – 2017 - present
- Rio Arriba County Health Council, 2012-2016
- Rio Arriba Food and Agriculture Policy Council, 2011-2014
- Carinos Charter School Health Advisor, 2009-2017
- Espanola Walk Against Drugs Core Committee 2008-2014
- Community Diabetes Initiative Committee Member 2007-2016
- Community Trails Committee Member 2009-2011
- Big Brothers and Big Sisters – Local Board Member 2006-2009

NMSU

- Search Committee Member – Food and Nutrition Specialist - 2016
- Small Farm and Ranch Task Force 2011-2016
 - Ag. Tourism Committee – 2015
 - Home Economics Committee-2011-2016
- Search Committee Member – Northern District Director – 2011
- NM Association of Extension 4-H Agents, 2008-2016, 2018
- NM Association of Extension Family and Consumer Sciences – 2008-2018
- Just Be It! Healthy and Fit Steering Committee 2006-present
- 4-H Home Economics Curriculum Committee 2009-2016
- Served on the Extension Home Economics Advisory Team 2008-2009

State

- New Mexico Extension Association of Family and Consumer Sciences, Affiliate Vice President for Professional Development, 2017-2019
- New Mexico Extension Association of Family and Consumer Sciences, Affiliate President, 2015.
- New Mexico Extension Association of Family and Consumer Sciences, Affiliate Treasurer, 2011-2013
- 4-H Home Economics School Instructor, 2010-2016, 2018
- Four Corners 4-H In-service, Moderator, May, 2012
- New Mexico Organic Conference – Moderator, February, 2011
- Northeast 4-H District Contest Planning Committee, 2009 – 2016
- New Mexico Diabetes Advisory Council Member 2009-2018
- New Mexico Healthier Weight Council Member 2007 – 2012

National

- New Mexico Extension Association of Family and Consumer Sciences, Affiliate Vice President for Professional Development, 2018-2019.
- New Mexico Extension Association of Family and Consumer Sciences, Affiliate President, 2015.

- National Extension Association of Family and Consumer Science Conference Tour Committee Co-Chair – 2011
- Journal of Extension Liaison 2010 – 2015
- National Extension Association of Family and Consumer Science Affiliate Treasurer – 2010 – 2012
- Proposal Workshop Reviewer – National Extension Association of Family and Consumer Sciences, Galaxy Conference, 2009
- School-age Workshop Review Committee – Children, Youth and Families at Risk Conference, 2009

Special Skills and Training

Cooperative Extension Service Professional Development

- NMCES 4-H Forum for Adults, November, 2018. Grants, NM.
- NMCES 4-H Inservice Training, November 2018, Bernalillo, NM
- NMSU Emergency Preparedness Web-based training, October 2018.
- NMSU, Discrimination and Harassment Web-based training, October, 2018
- NMSU, Family Medical Leave web-based training, October 2018.
- NMSU, Title IX web-based training, October 2018.
- NMSU p-card destruction web-based training, October 2018.
- NMSU, Data Breach, web-based training, October 2018.
- NEAFCS National Conference, San Antonio, TX, September 2018.
- NMCES, Exercise Webinar, October, 2018.
- Bernalillo CES, Prickly Pear Jelly Preservation Workshop, Albuquerque, NM October, 2018.
- Food Safety Preventive Controls for Human Food Training, Las Cruces, NM, February, 2018
- NMCES State Inservice Training, January 2018, Las Cruces, NM
- NMCES 4-H Inservice Training, December 2017, Bernalillo, NM
- NEAFCS Webinar, Important Nutrients for Bone Health, May, 2017
- NEAFCS Webinar, Update on the Treatment of Osteoporosis and Spine Fractures, March, 2017
- NMCES State Inservice Training, March 2016, Las Cruces, NM
- Home Economics School, March 2016, Belen, NM
- ICAN Regional Training, January 2016, Bernalillo, NM
- 4-H Inservice Training, November, 2015, Albuquerque, NM
- Office Safety Training, October, 2015, Abiquiu, NM
- NM Association of Counties Conference, January 2013, 2014, 2015, 2016, Santa Fe, NM

- Family Medical Leave Training for County Directors, August 2015, Albuquerque, NM
- FMLA Training, July, 2015, web-based training.
- Compliance Overview, July, 2015, web-based training.
- Drug-free Workplace, July, 2015, web-based training.
- Employee Safety/Loss Prevention, July, 2015, web-based training.
- Conflict of Interest, July, 2015, web-based training.
- Preventing Discrimination, July, 2015, web-based training.
- Computer and Data Security, July, 2015, web-based training.
- Staff Study Training, June, 2015, web-based training.
- Master Food Preservation Training, May, 2015, Albuquerque, NM
- NMCES In-Service Training, March, 2015, Albuquerque, NM
- Affordable Care Act - March 2015, Albuquerque, NM
- Threat and Hazard Identification Risk Assessment, March, 2015, Albuquerque, NM
- Food Security, Military Focus, March, 2015, Albuquerque, NM
- Food Allergy and Intolerance: What You Need to Know, March 2015, Albuquerque, NM
- Preserving Food at Home: A Self Study, March, 2015. Web-based training
- Master Food Preservation Training, March 2015, Las Cruces, NM
- Food Protection Alliance Conference, March, 2015, Albuquerque, NM
- Eat Healthy Be Active Webinar, NEAFCS, September, 2012
- IPAD Initiative User Training, August 2012, Abiquiu, NM
- ICAN Curriculum Training, July 2012, Santa Rosa, NM
- Four Corners 4-H Inservice Training, May 2012, Albuquerque, NM
- Gluten-Free Webinar, NEAFCS, May 2012
- NMSU CES Inservice Training, January 2012, Albuquerque, NM
- 4-H Centra Trainings
- National Extension Association of Families and Consumer Sciences Conference, September 2011, Albuquerque, NM
- Strong Women Healthy Hearts Webinar, May 2011, Tufts University
- NMSU CES Home Economics Department, Food Preservation Training, April 2011, Las Cruces, NM
- Living a Balanced Life Webinar, April 2011, NEAFCS
- NM Organic Conference, February 2011, Albuquerque, NM
- New Mexico Forum for Adults Conference, November 2010, Albuquerque, NM
- National Extension Association of 4-H Agents Conference, October 2010, Phoenix, AZ
- National Extension Association of 4-H Agents Conference, October 2010, Rochester, NY
- National Extension Association of Families and Consumer Sciences Conference, September 2010, Portland, Maine
- Strong Women Healthy Hearts Program Training, September 2010, Portland, Maine
- Children, Youth and Families and Risk Conference, May 2010, San Francisco, CA
- Priester National Extension Health Conference, April 2010, Mobile, AL
- Ideas for Cooking and Nutrition Conference, March 2010, Albuquerque, NM

- Western Region Leader's Forum, March 2010, Albuquerque, NM
- All Extension Conference, January 2010, Las Cruces, NM
- Children, Youth and Families and Risk Conference, May, 2009, Baltimore, MD
- NMSU CES Home Economics Department, Strong Women Strong Bones Training, February 2009, Las Cruces, NM
- NMSU CES 4-H In-service, January, 2009, Albuquerque, NM

Other Professional Development

- ServSafe Manager Certification, Online Training, February 2018
- Grandparents Raising Grandchildren Conference, October, 2013, Espanola, NM
- Northern Pueblos Agriculture Day Conference, October, 2013, Espanola, NM
- Food and Agriculture Policy Conference, Rio Arriba County Government, February 2013, Espanola, NM
- Chronic Disease Self-Management Training Update, December 2012, Albuquerque, NM
- National Diabetes Prevention Program Training, October 2012, Albuquerque, NM
- NM Diabetes Advisory Council, September 2012, Albuquerque, NM
- NM Conference on Aging, August 2012, Isleta, NM
- Growing Healthy Hearts Seminar, Los Alamos Heart Council, April 2012, Espanola, NM
- NM Diabetes Advisory Council. April, 2012. Albuquerque, NM
- Chronic Disease Self-Management Training, June 2011, Albuquerque, NM
- Head to Toe Conference, April 2011, Albuquerque, NM
- Stroke Seminar, March 2011, Espanola, NM
- Conference on Poverty, NM Department of Health, January 2011, Pojoaque, NM
- Seminar on Aging, NM Department of Health, November 2010, Albuquerque, NM
- NM Diabetes Advisory Council, September 2010, Albuquerque, NM
- NM Diabetes Advisory Council, April, 2010, Albuquerque, NM
- Heart Health. Take 5 Off! Los Alamos Heart Council, February, 2010, Espanola, NM
- Heart Health, It's All in the Numbers. Los Alamos Heart Council, February 2009, Espanola, NM

Publications

Books, Guides, Handbooks and Curriculum

Koukel, Sonja and Desaree Jimenez. *Osteoporosis*, Guide I-105. New Mexico State University, Cooperative Extension Service, August 2013. (Guide for the general public, 4 pages)

Jimenez, Desaree; Paula Sánchez; Jacqueline S. Baca; and Kathleen Garcia. *Just Be It! Healthy and Fit Curriculum*; El Paso, TX, Airport Printing Press, August 2011.

(Original and adapted work, 613 pages)(intended for nutrition educators, teachers, parents, or any youth development program)

Baca, Jacqueline S.; Paula Sánchez; Desaree Jimenez; Roberta Rios; and Karen Halderson. *Just Be It! Healthy and Fit student/parent booklet*. Albuquerque: Starline Printing Press, August 2005. Revised September 2009 and August 2010. (Original and adapted work, English and Spanish, for parents and children, 8 pages)

Garcia, Kathleen, Desaree Jimenez, and David Ingersoll, et al. *Community Trails Walking Program Manual and Maps*, Española, NM. June 2010. (original work, for community members)

Journals/Abstracts/Reviews

DelCampo, Diana; Jacqueline S. Baca; Desaree Jimenez; Paula Sánchez; and Robert DelCampo. *Just Be It! Healthy and Fit Increases Fifth Graders' Fruit and Vegetable Intake, Physical Activity, and Nutrition Knowledge* [Article No. 1RIB5], Journal of Extension, February 2011. (original work)

Conference Proceedings

Baca, Jacqueline S., Desaree Jimenez, and Paula Sánchez. *Just Be It! Program Reduces Childhood Obesity Risk Factors*. (October 2012) National Extension Association of 4-H Agents 2012 Annual Conference Proceedings, Orlando, FL, (peer reviewed) <http://nae4a.memberclicksnet/assets/documents/2012nae4-ha-proceedings.pdf>. (original Work)

Baca, Jacqueline S., Desaree Jimenez, and Paula Sánchez. *Just Be It! Healthy and Fit Program Reduces Childhood Obesity Risk Factors*. Four Corners In-Service, May 2012, Albuquerque, NM. (peer reviewed) <http://aces.nmsu.edu/fourcornersinservice/workshops-2012.html>. (original work)

Sanchez, Paula; Desaree Jimenez; Jacqueline S. Baca; Diana DelCampo; and Robert DelCampo. *Just Be It! Program Reduces Childhood Obesity Risk Factors*. (September 2011) National Extension Association of Family and Consumer Sciences 2011 Annual Conference Proceedings, Albuquerque, NM (peer reviewed). <http://neafcs.org/assets/2011-annual-session/Online-Conference-CD/NEAFCS-AS-2011-Jimenez-Just-Be-It-Program-Flyer.pdf> (original work)

Sanchez, Paula; Desaree Jimenez; Jacqueline S. Baca; Kathleen Garcia; Diana DelCampo; and Robert DelCampo. (September 2010) *Just Be It! Healthy and Fit Program Reduces Childhood Obesity Risk Factors*. National Extension Association of Family and Consumer Sciences 2010 Annual Conference Proceedings, Portland, Maine

(peer reviewed). <http://neafcs.org/assets/2010-annual-session/Online-Conference-CD/NAEFCS-AS-2010-Sanchez-Just-Be-It-Program-Flyer.pdf> (original work)

Delcampo, Diana; Robert DelCampo; Desaree Jimenez; Jacqueline S. Baca; and Paula Sánchez. (May 2010). *New Mexico's Just Be It! Healthy and Fit Program Reduces Childhood Obesity Risk Factors*. CYFAR 2010 Conference Proceedings, San Francisco, CA. (peer reviewed). <http://www1.cyfernet.org/cyfar2010/program-showcase.html>. (original work)

Baca, Jacqueline S., Desaree Jimenez, and Paula Sánchez. (April 2010) *Just Be It! Healthy and Fit Program Increases Fifth Graders' Fruit and Vegetable Intake, Physical Activity and Nutrition Knowledge*. 2010 Priester National Extension Health Conference Proceedings, Mobile, Alabama (peer reviewed). <http://priester.org/priesterworkshops.html> (original work)

Baca, Jacqueline S.; Desaree Jimenez; Paula Sánchez; Diana DelCampo; and Robert DelCampo. (October, 2009) *Be the Vitamin That Keeps Kids Going with the Just Be It! Healthy and Fit Program*. Conference Proceedings for National Association of Extension 4-H Agents Annual Conference, Rochester, NY (peer reviewed). <http://media.cce.cornell.edu/hosts/naefha2009handouts.html> (original work)

Delcampo, Diana; Robert DelCampo; Desaree Jimenez; Jacqueline S. Baca; Kathleen Garcia; Tanya Montoya; and Paula Sánchez. (May 2009) *Be the Vitamin that Keeps Kids Going with Just Be It! Children, Youth and Families at Risk Conference*. Baltimore, MD, 2009 (peer reviewed). Conference proceedings. <http://www1.cyfernet.org/cyfar2009workshops.html> (original work)

Other publications

Garcia, Kathleen, David Ingersoll, Desaree Jimenez, and et.al. *Community Trails Program Brochure*, February 2010. (original work)

Baca, Jacqueline, Paula Sanchez, Desaree Jimenez and Kathleen Garcia. *Just Be It! Healthy and Fit* set of 4 placemats, English and Spanish, NMSU, 2009. (for students in JBI programs) (original and adapted work)

Baca, Jacqueline, Paula Sanchez, Desaree Jimenez and Kathleen Garcia. *Just Be It! Healthy and Fit* Publicity Brochure, NMSU, 2006-2013. (original work) (yearly revisions)

Electronic Media

Websites

DelCampo, Diana; Jacqueline S. Baca; Desaree Jimenez; Paula Sanchez; and Robert DelCampo. *Just Be It! Healthy and Fit* NMSU/CYFAR program website.

www.nmcyfar.org. (original work) (revised 2011)

DVD's/CD's

Sanchez, Paula; Desaree Jimenez; Jacqueline S. Baca; and Kathleen Garcia. *Just Be It! Healthy and Fit*. DVD and CD, collection of the total curriculum, handouts, appendices and videos. (original and adapted work) (June 2011)

Newsletters

Valdez, Carlos, Desaree Jimenez and Angela Prada. Los Alamos County E-Newsletter, Quarterly, November, 2018.

Jimenez, Desaree; Donald Martinez; and Marcella Talamante. Rio Arriba County E-Extension Quarterly Newsletter, 2015-2016, set of 2 newsletters. (Original and adapted work)

Jimenez, Desaree; Donald Martinez; and Marcella Talamante. Rio Arriba County E-Extension Quarterly Newsletter, 2014-2015, set of 5 newsletters. (Original and adapted work)

Talamante, Marcella; Linda Francisco, and Desaree Jimenez. Rio Arriba Cooperative Extension Service. 4-H Cloverleaf Monthly Newsletter, 2014-2015, set of 12 (original and adapted work).

Jimenez, Desaree; Donald Martinez; Marcella Talamante; and Jesse LeFevre. Rio Arriba County E-Extension Quarterly Newsletter, 2013-2014, set of 4 newsletters. (Original and adapted work)

Talamante, Marcella; Linda Francisco, and Desaree Jimenez. Rio Arriba Cooperative Extension Service. 4-H Cloverleaf Newsletter, monthly, 2013-2014, set of 12 (original and adapted work).

Jimenez, Desaree; Donald Martinez; Marcella Talamante; and Jesse LeFevre. *Rio Arriba County E-Extension Quarterly Newsletter*, 2013, set of 3 newsletters. (Original and adapted work)

Jimenez, Desaree, Marcella Talamante, and Jesse LeFevre. *Rio Arriba County E-Extension Newsletter*, December 2012, special holiday edition. (Original and adapted work)

Jimenez, Desaree; Tony Valdez; Jesse LeFevre; and Marcella Talamante. *Rio Arriba County E-Extension Newsletter, 2012*, set of 4 quarterly newsletters. (Original and adapted work)

Jimenez, Desaree; Tony Valdez; Marcella Talamante; and Jesse LeFevre. *Rio Arriba County E-Extension Newsletter, 2011*, set of 4 quarterly newsletters. (Original and adapted work)

Jimenez, Desaree. *Strong Women Newsletters*, Rio Arriba County, NM Cooperative Extension Service, 2009-2010, set of 5, (adapted work).

Talamante, Marcella, Linda Francisco, and Desaree Jimenez. *Rio Arriba Co. 4-H Cloverleaf Newsletter*, monthly newsletter, 2013, set of 9 (original and adapted work).

Talamante, Marcella, Linda Francisco, and Desaree Jimenez. *Rio Arriba Co. 4-H Cloverleaf Newsletter*, monthly newsletter, 2012, set of 12 (original and adapted work).

Talamante, Marcella, Linda Francisco, and Desaree Jimenez. *Rio Arriba Co. 4-H Cloverleaf Newsletter*, monthly newsletter, 2011, set of 12 (original and adapted work).

Talamante, Marcella, Linda Francisco, and Desaree Jimenez. *Rio Arriba Co. 4-H Cloverleaf Newsletter*, 2010, set of 12, (original and adapted work).

Sanchez, Paula, Desaree Jimenez and Jacqueline S. Baca. *Just Be It! Healthy and Fit Parent Newsletters*, 2012. (Revised the MyPyramid Newsletter to MyPlate).

Sanchez, Paula; Desaree Jimenez; Jacqueline S. Baca; and Kathleen Garcia. *Just Be It! Healthy and Fit Parent Newsletters*, 2009-2012. (Series of 3, original and adapted work from USDA Nibbles for Health for parents of children participating in classroom nutrition and fitness education program)

Baca, Jacqueline S.; Paula Sanchez; Desaree Jimenez; and Kathleen Garcia. *Just Be It! Healthy and Fit Parent Newsletters*, 2007-2012. (Series of 8, original and adapted work from *USDA Nibbles for Health* for parents of children participating in classroom nutrition and fitness education program)

Presentations and Programs

Jimenez, Desaree. Tamale Making Workshop. Series of 2. December, 2018.

Jimenez, Desaree. "Dash Diet, Low Sodium Diet for the Holidays." Los Alamos Senior Centers. November, 2018.

Jimenez, Desaree. "Managing Arthritis." Thrive Conference, Albuquerque, NM. October 2018.

Garzon, Raquel and Desaree Jimenez. "Stress and Resiliency." Home Instead staff development, October, 2018.

Garzon, Raquel and Desaree Jimenez. "Nutrition for Cognition." Los Alamos Senior Centers, September, 2018.

Jimenez, Desaree. Food Preservation Workshops. Series of 5, June – September, 2018.

Jimenez, Desaree. "Utilizing Your Farmers Market." Los Alamos Senior Centers, June, 2018.

Jimenez, Desaree. "Eating Healthy with Diabetes." Los Alamos Senior Centers, March, 2018.

Turner, Carol and Desaree Jimenez. Baking at High Altitudes. Los Alamos, NM, January, 2018. (original and adapted work)

Jimenez, Desaree. "Bone Health and Osteoporosis." Los Alamos Senior Centers, December, 2017.

Turner, Carol, Cindy Davies, and Desaree Jimenez. Gluten Free Baking. Presentation and workshop for gluten free baking class. Espanola, NM, December, 2017 (adapted work).

Jimenez, Desaree. "Men Making Meals." Three classes delivered to Ohkay Owingeh Pueblo. February and March, 2016.

Jimenez, Desaree. "Food Safety". Food Handlers Training, Tierra Amarilla, NM, February, 2016.

Jimenez, Desaree. "Healthy Lifestyles." Presentation to Grandparents Raising Grandchildren participants. Espanola, NM, January 2016.

Jimenez, Desaree. "Safe Food Preservation Practices." Rio Arriba CES Advisory Council. September 2015.

Koukel, Sonja and Desaree Jimenez, "Food Handlers Training". Presentation and training for Cafeteria Workers. Gallina, NM. September, 2015

Flores, Nancy and Desaree Jimenez. "Food Preservation Principles". Rio Arriba Cooperative Extension Service. Given to participants in Abiquiu, Espanola, and Abiquiu, NM, November, 2014, and July, August, and September 2015.

Jimenez, Desaree. Presentation on "Food Preservation". Given to the Georgia O'Keefe farm, Abiquiu, NM. July 2015

Jimenez, Desaree. "Role of Advisory Councils." Rio Arriba Cooperative Extension Service. Presentation for the Rio Arriba Advisory Council, Abiquiu, NM. June, 2015. (original and adapted work)

Jimenez, Desaree. "Healthy Food Choices for Families." Hernandez pre-school parents. Hernandez, NM. May 2015. (original)

Jimenez, Desaree. "Vary Your Veggies, Focus on Fruits." Kids, and Kows, and More. Abiquiu, NM. April, 2015. NMSU CES, Just Be It! Healthy and Fit Curriculum, 2011. (Original and adapted work)

Jimenez, Desaree "Strong Women Strong Bones" presentation. Rio Arriba Cooperative Extension Service. (Given to audiences for informational purposes.) January 2015, Espanola, NM. (original and adapted work)

Jimenez, Desaree. "Making Your Holidays Less Stressful." RA CES Advisory Council, Abiquiu, NM. December, 2014. (original work)

Jimenez, Desaree and Paula Sanchez. "Growing Healthy Hearts." Rio Arriba Cooperative Extension Service. Presentation for Parent Advocate Committee, Carinos Charter School, November 2014, El Rito, NM. (Original work)

Jimenez, Desaree. Eating Healthy with Diabetes. Rio Arriba Cooperative Extension Service. Presentation to Picuris Pueblo health fair participants. Picuris Pueblo. July 2014 (original and adapted work)

Flores, Nancy and Desaree Jimenez. Food Dehydration Principles. Rio Arriba Cooperative Extension Service. Given to participants at the Fruit Growers workshop. Abiquiu, NM, May 2014.

Davies, Cindy and Desaree Jimenez. Emergency Preparedness for the Home. Rio Arriba County Cooperative Extension Service. Powerpoint presentation adapted for educational use in Rio Arriba County. April/May 2014.

Jimenez, Desaree. Healthy Food Choices for Families. Rio Arriba Cooperative Extension Service. Presentation to Ohkay Owingeh Health Group, San Juan, NM, April 2014.

Bader, Jeff, and Desaree Jimenez. "100 Years of Extension." Rio Arriba Cooperative Extension Service. Presentation for Rio Arriba Advisory Council, Abiquiu, NM, March 2014.

Turner, Carol and Desaree Jimenez. "Baking at High Altitudes." Espanola, NM March, 2014. (original and adapted work)

Jimenez, Desaree. Strong Women Strong Bones power point presentation. Rio Arriba Cooperative Extension Service. (Given to audiences for informational purposes.) January 2014, Espanola, NM.

Turner, Carol, Cindy Davies, and Desaree Jimenez. Gluten Free Baking. Rio Arriba Cooperative Extension Service. Presentation for gluten free baking class. Espanola, NM, December 2013 (adapted work).

Jimenez, Desaree and Paula Sanchez. Growing Healthy Hearts. Rio Arriba Cooperative Extension Service. Presentation for Farm Bureau Banquet, November 2013, Abiquiu, NM. (original work)

Baca, J., Paula Sanchez, and Desaree Jimenez. *Just Be It! Healthy and Fit Program* Curriculum. Rio Rancho School District, September 2013, Albuquerque, NM. (co-presenter) (original work)

Jimenez, Desaree. and Paula Sanchez, *Just Be It! Healthy and Fit Beverage Display and Workshop*, Carinos Charter School parent night. September 2013. (original and adapted work)

Abdul-Rahmann, Fahzy and Desaree Jimenez. Basic Money Management for Youth. Independent Living for Youth Conference. August 2013. Presenter. (36 slides) (adapted work)

Abdul-Rahmann, Fahzy and Desaree. *Basic Money Management for Youth*. Independent Living for Youth Conference. August 2013. Presenter. (adapted work)

Jimenez, Desaree. Superintendent and Judges Training for County Fair. July 2013, Abiquiu, NM. (original work) (17 slides) (2 workshops)

Jimenez, Desaree. *My Pyramid Food Safety*. Food Handler's workshop. Gallina, NM. October, 2012. (adapted work) (97 slides)

Jimenez, Desaree and Paula Sanchez, *Just Be It! Healthy and Fit Beverage Display*, Carinos Charter School. September 2012. (original and adapted work)

Jimenez, Desaree, "*Heart Healthy Benefits of Sunflower Oil*". Sunflower Festival, August 2012. (Adapted work)

Jimenez, Desaree and Paula Sanchez. *Strong Women Strong Bones*. Presentation Rio Arriba Senior Olympics program. August 2012. (original and adapted work)

Jimenez, Desaree. *Nutrition and Physical Activity*. Child care provider training, Santa Clara Pueblo, NM. July 2012. (Original and adapted work) (55 slides)

Jimenez, Desaree; Jacqueline S.Baca and Paula Sanchez. *Just Be It! Healthy and Fit*. Santa Clara Day School. July 2012 . (Original work)

Jimenez, Desaree. *Superintendent and Judges Training for County Fair*. July 2012, Abiquiu, NM. (original work) (15 slides)

Baca, Jacqueline S.; Desaree Jimenez; and Paula Sanchez. *Just Be It! Healthy and Fit Program Reduces Childhood Obesity Risk Factors*. Four Corners In-Service, May 2012, Albuquerque, NM, co-presenter.

Sanchez, Paula and Desaree Jimenez. *Growing Healthy Hearts*. Seminar for parents. Espanola, NM, April 2012. Co-presenter. (original work)

Sanchez, Paula and Desaree Jimenez. *Growing Healthy Hearts, Nutrition from Newborns to Teens*. Growing Health Hearts Seminar for parents. Espanola, NM, April 2012. Co-presenter. (43 slides) (original work)

Sanchez, Paula and Desaree Jimenez. *Strong Women Strong Bones*. Presentation to the New Mexico Diabetes Advisory Council. Albuquerque, NM. April 2012. (Original and adapted work) Co-presenter.

Sanchez, Paula and Desaree Jimenez. *Growing Healthy Hearts*. Seminar for parents. Espanola, NM, April 2012. Co-presenter.

Turner, Carol; Karen Halderson; Desaree Jimenez; and Kathleen Garcia.. *Kitchen Creations, A Cooking School for People with Diabetes and Their Families*, April 2012, Espanola, NM (adapted work) (Co-presenter)

Jimenez, Desaree. *Strong Women Strong Bones Orientation*. September 2009. (updated January 2010, September 2010, January 2011, January 2012, April 2012, January 2013) Adapted from Strong Women Strong Bones, Tufts University. (41 slides) (Annual presentation)

Baca, Jacqueline; Paula Sanchez; and Desaree Jimenez. *Just Be It! Healthy and Fit* Program Curriculum. Rio Rancho School District, August 2011, Albuquerque, NM. (co-presenter)

Jimenez, Desaree. *Superintendent and Judges Training for County Fair*. July 2011, Abiquiu, NM. (original work) (15 slides)

Turner, Carol and Desaree Jimenez. *Nutrition for Older Adults*. Santa Clara Pueblo. May 2011.

Baca, Jacqueline; Desaree Jimenez; and Paula Sanchez; and Kathleen Garcia. *Just Be It! Healthy and Fit* Program Curriculum. Head to Toe Conference, April, 2011, Albuquerque, NM.

Jimenez, Desaree. *Serve It Safe – Food Safety for Food Handlers*. February, 2011. (Adapted work from Robert Rios, NMSU Cooperative Extension Service and Carol Turner, NMSU Cooperative Extension Service) (65 slides)

Jimenez, Desaree, Paula Sanchez, and Jacqueline S. Baca. *Just Be It! Healthy and Fit, Healthy Lifestyles Program for 4-H Clubs*, November, 2010 4-H Forum for Adults, Albuquerque, NM (original work)

Hodnett, Frank and Desaree Jimenez. *Know Your Role*. November 2010. Rio Arriba Forum for Adults. (adapted work)

Jimenez, Desaree. *Making Better Choices at Fast Food Restaurants*. ICAN Classes, NM Works. October, 2010. (original and adapted work) (10 slides)

State 4-H Office and Desaree Jimenez. *Complaint Free World*. Summer 2010, Rio Arriba 4-H Clubs. (adapted work)

Jimenez, Desaree and Kathleen Garcia. *Kitchen Creations, A Cooking School for People with Diabetes and Their Families*. June, 2009, February, 2010, March, 2011, and April, 2012. (Adapted work from Karen Halderson, NMSU Cooperative Extension Service.)

Mungar, Marta Gentry; Paula Sanchez; Desaree Jimenez; and Kathleen Garcia. *Heart Healthy Cooking, Eating and Living*. Espanola, NM. February 2010. (adapted work) (157 slides)

Jimenez, Desaree. *Boning Up on Bone Health*. August 2009. Presentation to Northern New Mexico Community College. (Adapted from Carol Turner, NMSU Cooperative Extension Service.) (85 slides)

National Presentations

Baca, Jacqueline S., Desaree Jimenez, and Paula Sanchez. *Just Be It! Program Reduces Childhood Obesity Risk Factors*. (October 2012) National Extension Association of 4-H Agents 2012 Annual conference, Orlando, FL. Co-presenter.

Baca, Jacqueline S., Desaree Jimenez, and Paula Sanchez. *Just Be It! Healthy and Fit Program Reduces Childhood Obesity Risk Factors*. Four Corners In-Service, May 2012, Albuquerque, NM, Co-presenter.

Sanchez, Paula; Desaree Jimenez; Jacqueline S. Baca; Diana DelCampo; and Robert DelCampo. *Just Be It! Program Reduces Childhood Obesity Risk Factors*. (September 2011) National Extension Association of Family and Consumer Sciences 2011 Annual Conference, Albuquerque, NM . Co-presenter.

Delcampo, Diana; Robert DelCampo; Desaree Jimenez; Jacqueline S. Baca and Paula Sanchez. (October 2010) *Just Be It! Healthy and Fit Program Reduces Childhood Obesity Risk Factors*. National Association of Extension 4-H Agents 2010 Annual Conference, Phoenix, Arizona, poster presentation. Co-author.

Jimenez, Desaree; Paula Sanchez; Jacqueline S. Baca; Kathleen Garcia; Diana DelCampo; and Robert Delcampo (September 2010). *Just Be It! Healthy and Fit Program Reduces Childhood Obesity Risk Factors*. National Extension Association of Family and Consumer Sciences 2010 Annual Conference, Portland, Maine, poster presentation. Co-author.

Delcampo, Diana; Robert DelCampo; Desaree Jimenez; Jacqueline S. Baca; Paula Sanchez; and Kathleen Garcia. (May 2010). *New Mexico's Just Be It! Healthy and Fit Program Reduces Childhood Obesity Risk Factors* poster presentation. Co-author.

Baca, Jacqueline S., Desaree Jimenez; and Paula Sanchez (April 2010). *Just Be It! Healthy and Fit Program Increases Fifth Graders' Fruit and Vegetable Intake, Physical Activity and Nutrition Knowledge*. Workshop presentation for 2010 Priester National Extension Health Conference, Mobile, Alabama. Co-presenter.

Jimenez, Desaree; Diana Delcampo; Jacqueline S. Baca; Paula Sanchez; and Robert DelCampo (October, 2009) *Be the Vitamin That Keeps Kids Going with the Just Be It! Healthy and Fit Program*. Workshop presentation for National Association of Extension 4-H Agents Annual Conference, Rochester, NY, Co-presenter.

Jimenez, Desaree, Jacqueline S. Baca; Paula Sanchez; Diana DelCampo; and Robert DelCampo (May 2009). *Be the Vitamin that Keeps Kids Going with Just Be It! Children, Youth and Families At Risk* Annual Conference, Baltimore, MD. Workshop presentation. Co-presenter.

Poster Presentations

Jimenez, Desaree. Canning Poster. Rio Arriba Cooperative Extension Service, Set up at various canning programs. July, August and September 2015.

Jimenez, Desaree and Rosalie Valdez. ICAN Promotional Poster. Rio Arriba County Cooperative Extension Service. (Used at events and health fairs throughout the county, 2014-15)

Jimenez, Desaree. Consumer Decision Making County Contest Poster. Open House, Rio Arriba Cooperative Extension Service Poster, Abiquiu, NM, January, 2015. (original work)

Jimenez, Desaree. Favorite Foods County Contest Poster. Open House, Rio Arriba Cooperative Extension Service, Abiquiu, NM, January, 2015. (original work)

Jimenez, Desaree. Favorite Foods County Contest Poster. Rio Arriba Cooperative Extension Service, Abiquiu, NM 2014. (original work)

Jimenez, Desaree. Consumer Decision Making County Contest Poster. Rio Arriba Cooperative Extension Service Poster, Abiquiu, NM, 2014. (original work)

Jimenez, Desaree. Strong Women Strong Bones Poster. Rio Arriba Cooperative Extension Service. Grandparents Raising Grandchildren Conference, October 2013, Espanola, NM (original and adapted work)

Jimenez, Desaree and Rosalie Valdez. ICAN Promotional Poster. Rio Arriba County Cooperative Extension Service. (Used at numerous events and health fairs throughout the county, 2013-14)

Jimenez, Desaree. Canning Poster. Rio Arriba Cooperative Extension Service, Espanola, NM and Rio Arriba County Fair and canning programs. June, July, August 2014.

Jimenez, Desaree. *Safe Canning Procedures*. Grandparents Raising Grandchildren Conference, October 2013. (adapted work) (presenter)

Jimenez, Desaree. *Just Be It! Healthy and Fit Program Reduces Childhood Obesity Risk Factors*. September 2013, Rio Arriba County Health Fair. (original and adapted work) (presenter)

Jimenez, Desaree. *Safe Canning Procedures*. Rio Arriba County Agriculture Conference, February 2013. (adapted work) (presenter)

Jimenez, Desaree. *Just Be It! Healthy and Fit Program Reduces Childhood Obesity Risk Factors*. September 2012, Rio Arriba County Health Fair. (original and adapted work) (presenter)

Jimenez, Desaree, and Kathleen Garcia. *Just Be It! Healthy and Fit Beverage Display*, Onate Center, Espanola, NM, Heart Healthy Cooking School. (February 2011). (co-presenter)

Jimenez, Desaree, and Kathleen Garcia. *Just Be It! Healthy and Fit Beverage Display*, McCurdy School, Fitness Days, Espanola, NM, (February 2011). (co-presenter)

DelCampo, Diana; Robert DelCampo; Desaree Jimenez; Jacqueline S. Baca; Paula Sanchez; and Kathleen Garcia. October 2010, *Just Be It! Healthy and Fit Program Reduces Childhood Obesity Risk Factors*, National Association of Extension 4-H Agents, 2010 Annual Conference, Phoenix, Arizona. (co-presenter)

DelCampo, Diana; Robert DelCampo; Desaree Jimenez; Jacqueline S. Baca; Paula Sanchez; and Kathleen Garcia. *Children, Youth, and Families at Risk Conference*, Portland, Maine, September 2010. (co-presenter)

DelCampo, Diana; Robert DelCampo; Desaree Jimenez; Jacqueline S. Baca; Paula Sanchez; and Kathleen Garcia. *Children, Youth and Families At Risk Conference*, San Francisco, May 2010. (co-presenter)

Jimenez, Desaree, Paula Sanchez, and Kathleen Garcia. *Just Be It! Healthy and Fit Beverage Display*, Espanola, NM. Stroke Seminar, March 2010. (co-presenter)

Jimenez, Desaree and Rosalie Valdez, R. *ICAN Poster Presentation*, Rio Arriba County Fair, Abiquiu, NM. (August 2009-2013). (co-presenter)

Jimenez, Desaree and Kathleen Garcia. *Just Be It! Healthy and Fit Beverage Display*, San Juan Health Fair, (June 2010). (co-presenter)

Sanchez, Paula, Desaree Jimenez, and Kathleen Garcia. *Just Be It! Healthy and Fit Display*, Heart Healthy? It's All in the Numbers Heart Health Seminar, Espanola, NM. (February 2009). (co-presenter)

Jimenez, Desaree and Rosalie Valdez. *ICAN Poster Presentation*, Las Cumbres Health Fair, Espanola, NM. (April 2009). (co-presenter)

Program Teaching Tools

Talamante, Marcella, Desaree Jimenez and, Linda Francisco. Rio Arriba County 4-H programming events. (for use with understanding Rio Arriba 4-H events) 2014-2015. (Original and adapted work.)

Talamante, Marcella, Desaree Jimenez and, Linda Francisco. Rio Arriba County 4-H programming events. (for use with understanding Rio Arriba 4-H events.) 2013-2014, Original and adapted work.)

Jimenez, Desaree. *Rio Arriba Favorite Foods Contest*. (revised 2012 for county contests)

Jimenez, Desaree. *Fast Food Consumer Decision Making*. March 2010. (Original work)

Jimenez, Desaree. *Serving Size, What's A Serving?* March 2010. (Original and adapted work)

Jimenez, Desaree. *Teen Connections Drug Prevention*. Series of Lesson Plans. Revised 2009, created 2007. (Original and adapted work) (100 pages)

Jimenez, Desaree. *Tobacco Learning Centers*. (Revised 2010, developed 2005) (Original and adapted work.) (35 pages)

Awards and Recognition

- Bronze and Silver Level Achievement Award. NMCES State 4-H Office, College of Agricultural, Consumer and Environmental Sciences, New Mexico State University, November, 2018.
- Martinez, Karim, et.al. National Extension Association of Family and Consumer Sciences. 1st Place Winner, Health and Family Wellness, Kitchen Creations team award. September, 2018, San Antonio, TX.
- Excellence in Healthy Living Programming. NMAE4-HA. July 2015. Member Recognition Award.
- School Wellness Award, NMEAFCS, State Winner, April 2015. Member Recognition Award.
- Sanchez, Paula, Desaree Jimenez, and Jacqueline S. Baca. (September 2012) National Extension Association of Family and Consumer Sciences, Columbus, Ohio, 1st Place National Award - Health and Family Wellness, *Just Be It! Healthy and Fit* curriculum.
- Sanchez, Paula, Desaree Jimenez, and Jacqueline S. Baca. (September 2012) National Extension Association of Family and Consumer Sciences, 1st Place Regional Award - Health and Family Wellness, *Just Be It! Healthy and Fit* curriculum.

- Sanchez, Paula, Desaree Jimenez, and Jacqueline S. Baca. (June 2012) New Mexico Extension Association of Family and Consumer Sciences, 1st Place State Award - Health and Family Wellness, *Just Be It! Healthy and Fit* curriculum.
- Team Award. 4-H Home Economics School. College of Agriculture, Consumer and Environmental Science, 2011.
- Team Award, ICAN Program. College of Agriculture, Consumer Environmental and Consumer Science, 2010.
- Baca, Jacqueline S., Paula Sanchez, and Desaree Jimenez. *Just Be It! Healthy and Fit Placemats*. Education Package, Team Communicator Award, National Association of Extension 4-H Agents, 2010.
- Baca, Jacqueline S., Desaree Jimenez and Paula Sanchez. *Just Be It! Healthy and Fit website*. Western Regional Internet Educational Technology Team Award National Extension Association of Family and Consumer Sciences, September 2009.
- Sanchez, Paula, Desaree Jimenez, and Jacqueline S. Baca. *Just Be It! Healthy and Fit Parent/Student Booklet*. State Educational Publications Team Award. New Mexico Extension Association of Family and Consumer Sciences, July 2009.
- Sanchez, Paula, Desaree Jimenez, and Jacqueline S. Baca. *Just Be It! Healthy and Fit Parent Newsletters*. State Newsletter Team Award. New Mexico Extension Association of Family and Consumer Sciences, July 2009.
- Green Level Achievement Award. New Mexico 4-H Youth Development Professional Achievement, State 4-H Office, College of Agricultural, Consumer and Environmental Sciences, New Mexico State University, July 2009.
- State Winner, Periodic Publication/Team, NMAE4-HA, 2008
- State Winner, Exhibit/Team, NMAE4-HA, 2008
- Program Showcase Presentation - JBI Program, Children, Youth and Families at Risk Conference, San Antonio, Texas. 2008
- JBI Program Workshop – All Extension Conference, Las Cruces, NM. 2008
- JBI Program Workshop – Galaxy III Conference, Indianapolis, Indiana. 2008
- Team Award – ICAN, NMSU, College of Agriculture and Home Economics. 2007
- Poster presentation – JBI Program, Children, Youth and Families at Risk Conference, Chicago, Illinois. 2007
- Poster presentation – JBI program, National Association of Extension 4-H Agents Conference, Atlanta, Georgia. 2007
- Plaque awarded by the Rio Arriba County Commissioners for service on the Rio Arriba County Maternal and Child Health Council – July, 2003
- Received the Non-Profit Organization of the Year Award from the Espanola Valley Chamber of Commerce, for the 4-H Afterschool Program – 2001
- Schedule C Political Appointee, Clinton Administration – 1997-1999
- Certificate of Appreciation – U. S. Secretary of Agriculture - 1998
- Approved for high level security clearance for USDA 1997-1999



References

Paula Roybal-Sanchez, Los Alamos County Extension Home Economist, NMSU, Retired, 49 Ranchos Las Lagunas, Santa Fe, NM 87506 (505) 570-0906.

Donald Martinez, Rio Arriba County Agricultural Agent, NMSU, 505-927-1838.

Jacqueline S. Baca, Santa Fe County Cooperative Extension Service Director, 505-470-7329.

Roberta Rios, Northern District Director, NMSU Cooperative Extension Service, Retired, 505-699-1354.