

# Rio Arriba County Contest Cloverbud Participation Activities

All of the following activities are for participation only. Cloverbuds will not be judged.  
Special participation ribbons and/or certificates will be given to each participant.

Activity	Description	How to prepare
<b>Presentation</b> <i>Show and Tell</i> (No longer than 5 minutes)	Cloverbuds will be allowed to “show and tell” an item from one of their projects.	To prepare for this, you and your Cloverbud should select one item from his/her project that they can tell about.
<b>Public Speaking</b> <i>Poetry – Nursery Rhymes</i> (No longer than 5 minutes)	Cloverbuds can recite from memory or read Poetry or a Nursery Rhyme.	To prepare for this you and your Cloverbud should select poetry or a nursery rhyme that he/she is comfortable reciting.
<b>Public Speaking</b> <i>Story Book Reading</i> (No longer than 5 minutes)	Cloverbuds can read their favorite storybook.	To prepare for this, you and your Cloverbud should select one short story to read aloud.
<b>Cloverbud Favorite Food Show</b>	Cloverbuds may participate in the Favorite Food Show by exhibiting their favorite food. A judge will visit with them, but Cloverbuds will not be ranked, instead they receive special participations awards.	Parents should supervise Cloverbuds as they prepare their favorite food or they may draw or cut and paste pictures of their favorite food on a paper plate. Cloverbuds should display an 8 ½ X 11 poster with the name of their favorite food and recipe. Appropriate table setting is optional.
<b>Cloverbud Decision Making</b>  <u>Examples of classes are:</u> <i>Fishing for Healthy Snacks</i>  <i>Where Does Our Food Come From?</i>	Volunteers will help parents take their Cloverbud through the classes. Volunteers will educate Cloverbuds on various topics through discussion and hands on activities.  Cloverbuds will get to pretend to fish for snacks. They will fish for snacks, after catching the snacks; they will sort them into food groups.  Cloverbuds will match foods with where they come from. <i>For example, eggs from chickens, apples from trees, etc.</i>	Parents should help Cloverbuds by acknowledging each correct answer and explain the correct answer to them if he/she makes a mistake.

<u>Cloverbud Decision Making Continued</u>		
Getting On The Right Track	The food group train will be ready to leave the station after the Cloverbud has all the food group cars loaded with foods from each of the following groups: <i>Grains, Fruits, Vegetables, Milk, and Meat &amp; Beans.</i>	Parents should help Cloverbuds by acknowledging each correct answer and explain the correct answer to them if he/she makes a mistake.
Pin The Silverware On The Table	This is played like pin the tail on the donkey. Cloverbuds will have a paper knife, fork and spoon. After spinning around twice, they will pin the silverware to correct places.	
Table Setting	Cloverbuds will match dinnerware and utensils to outlined placemats.	
Meal Planning	Cloverbuds will become aware of a well-balanced meal by setting up a 3-D “meal-in-a-puzzle”.	
Food Pyramid Pocket Chart & Cards	This is a visual, hands-on activity that will teach Cloverbuds the importance of good nutrition.	
Match It! Money	Cloverbuds will reinforce their understanding of coin denominations and counting money by matching puzzle cards.	
Better Deal	Cloverbuds will complete the “Better Deal” worksheet found in Cloverbud project # 104 <i>Shopping Smarts.</i>	

Match It! Livestock	Cloverbuds will identify livestock by matching pictures of farm animals to name cards.	
Match It! Insects	Cloverbuds will identify insects by matching pretend insects to pictures of each insect and/or match pictures to name cards.	
“Metta” What? Life Cycles	Cloverbuds will learn about metamorphosis through puzzle skills and reading. Cloverbuds will examine toy replicas of the development stages of a butterfly.	

**Resources:**

Rio Arriba County 4-H Cloverbud Program Handbook  
 Cloverbud Curriculum project 102 Our Animal Friends, project 104 Shopping Smarts, and project 105 Food Fun  
 4-H Project 3051 Entomology  
 NM 4-H Youth Development Curriculum Kit 09120 Exploring Farm Animals  
 4-H Contest Guidelines  
 Constructive Playthings [www.cptoys.com](http://www.cptoys.com)  
 Lakeshore Learning Materials [www.lakeshorelearning.com](http://www.lakeshorelearning.com)

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