

Rio Arriba County Extension Service HCR 77, Box 9

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### **MARCH 2022**



### **HAPPY BIRTHDAY!**

Dezyrae, Ruben, Iris, Wacey, Andrea, Felisiana, Alyssa, Loryn, Britta, LeAnn, Bobbie, Izabella

### HAPPY MARCH!

With Spring Temperatures, comes longer days and more 4-H fun! The 4-H calendar is being filled with more events, activities, and opportunities every day! We are in the middle of confirming many county events, with State events being announced as soon as information becomes available. Remember to take advantage of all 4-H has to offer! As we continue to offer regular operating business hours, we ask you arrange an appointment to visit our offices. **We appreciate you!** 

### WARNING

DUE DATES ARE CLOSER THAN THEY APPEAR

NEW ENROLLMENT for the 2021-2022 4-H Program Year closes March 7!

Enrollment is taking place during your club meeting. Contact your Club Leader for meeting date and time.

Deadline to Add/Delete 4-H Projects is MARCH 7

Looking for Scholarship Information?

Check out the

https://aces.nmsu.edu/4h/scholarships.html

Looking for County 4-H Forms and Information about County Contests?
Check out our County 4-H webpage:
https://rioarribaextension.nmsu.edu/4h.html

As we prepare for our 2022 County Fair we are looking for fair themes. Deadline for submissions is March 20th, 2022 by 5:00 p.m. Entries can be submitted via email to <a href="mailto:racfaboard@gmail.com">racfaboard@gmail.com</a>. RACFA Board of Directors



Leadership, Citizenship and Life Skills

The event is designed for 4-H Novice and Junior members (ages 9-12) participants.

Senior 4-H members may apply to serve as Junior Instructors.

**Dates:** March 26-27 **Location:** Albuquerque, NM

**Registration Cost: \$40** 

Registration Deadline: March 11th by 5 pm

**Tracks Offered:** 

•Basic Baking •STEM Activities

PhotographySewing

•Ceramics •Outdoor Cooking

### Space is limited, First Come First Served.

Contact your Club leader for registration packet.

Contact Extension office for Junior instructor applications.

Please note, Participants will not be registered until both registration form and payment are received.



### The Osos del Valle 4-H Club News

The Los Osos del Valle 4H Club met virtually in January and held our annual elections. This year we congratulate Aiden Cole as our new President and Antonio Montoya as our Vice President. We also elected Leann Harwell as our secretary, Eli Harwell as our treasurer and Kendra Cole as our recreation leader. New to our club for the month of February is K.C. Martinez. My name is Lily Anne Montoya and I will be our club reporter as elected by my fellow club members. We are so excited to meet in February and to complete our first group project. We are happy that we have 3 great leaders helping our club. LeAnne, Michelle, and Andrea who will help with our overall club activities and Lamont, Jemuel, and Wyatt who will help with our shooting sports and other activities.

We are excited to get back to 4H as it once was and to spend time getting to know each other outside of a Zoom meeting. We will be fundraising and preparing for our



Submitted by LilyAnne Montoya, Club Reporter

### Mark Your Calendar!!!

TSC Paper Clover Dates 2022

Spring: April 27—May 8

Fall: October 5—16



# National Opportunity! REGISTRATION NOW OPEN FOR HEALTHY LIVING AND AGRI-SCIENCE SUMMITS April 21-24, 2022

The National Youth Summit Series is designed for grades 9 through 12, and is a three-day experience where members dive into the issues, expand career horizons and grow as a leader while working with and learning from other teens and experts with shared passions.

In-person in the Washington, D.C. area. A virtual option for attending is also available.

Final Deadline to Register: April 4, 2022 Follow the link below for more information

https://4-h.org/parents/national-youth-

summits/?utm campaign=Summits21&utm source=newsandno tes&utm medium=email&utm content=20211116&utm term=& utm variation=& cldee=bGJpdHRuZXJAbm1zdS5IZHU%3d&re cipientid=contact-a71d8c320c00ea118117001dd8b71c4a-52db799955b



Chris, Mariaelena, and Richard on successfully completing the New Mexico State 4-H Shooting Sports Leader Certification



### Youth Get-Away (YGA) 2022 will be at the Glorieta Adventure Camp on April 22-24, 2022

The theme this year is Olympic 4-H.

During the event, participants have an opportunity to learn about a variety of projects, contests and leadership, as well as participate in community service projects.

The event is designed for Novice and Junior members. Senior members may take part in Youth Get-Away by serving as Counselors and Counselors in Training.

The application to apply as a counselor is available on the 4-H website <a href="https://aces.nmsu.edu/4h/">https://aces.nmsu.edu/4h/</a> and are due in the state office on March 15th.

Participant Registration Deadline is March 25<sup>th</sup> by 5 pm. Registration cost is \$155 per participant. Contact your Club leader for registration packet.

### State 4-H Community Service Scholarship Criteria

Available to any Novice, Junior or Senior 4-H Member serving as a State 4-H Officer, Ambassador, Diplomat or **participant in a 4-H activity**. Applicants must submit a New Mexico 4-H Community Service Scholarship application form to the State 4-H Office 2 months before event registration deadline.

Application is available on the State 4-H website <a href="https://aces.nmsu.edu/4h/scholarships.html">https://aces.nmsu.edu/4h/scholarships.html</a>.

(Community Service Scholarship Application Event and Deadline)

2022 Horse School	March 15, 2022	
2022 State 4-H Conference	April 15, 2022	
2022-2023 New Mexico	May 2, 2022	
4-H LeadershipPositions	, ,	
(Officers and Ambassadors)		

### Rio Arriba County Livestock Tagging Dates

### **Attention Livestock Exhibitors:**

It is a requirement to have your project animals tagged and inspected during designated dates in order to exhibit at the Rio Arriba County Fair, which will be held July 27-31, 2022.

#### Beef:

Friday, February 25, Tierra Amarilla, 3-5 pm Saturday, February 26, Abiquiu, 9-11 am

### Goat, Sheep, and Swine:

Friday, April 29, Tierra Amarilla, 3-6 pm Saturday, April 30, Abiquiu, 9-11 am

### Rabbits and Poultry:

Friday, June 24th, Tierra Amarilla, 3-6 pm Saturday, June 25th, Abiquiu Office, 9-11 am

Additional Information regarding requirements will be announced in next month's newsletter and emailed to members enrolled in livestock projects.

## ATTENTION RIO ARRIBA COUNTY FAIR LIVESTOCK EXHIBITORS

The 2022 Rio Arriba County Fair
Bred and Raised Guidelines and forms
are now available. Livestock exhibitors will be
asked to complete a Health Form for each
animal being exhibited during the event.



All forms are available at: https://rioarribaextension.n msu.edu/4-h-resourcepage.html

### In need of a refresher on Livestock Project Selection and Nutrition?

Check out the recordings of last year's Show Rite sessions on our 4-H Project Resource Page: <a href="https://rioarribaextension.nmsu.edu/4-h-resource-page.html">https://rioarribaextension.nmsu.edu/4-h-resource-page.html</a>

### Show Rite Stock Show Classroom – Additional Livestock Webinars

Check out this great resource broken into 9-weeks and by topic

https://go.alltech.com/showrite-stock-show-classroom?fbclid=lwAR2gOvQmFBX1fyvfpCzQRkZQs3v-yUKvr8j4MP8kxKC1-Gw7OmV0dadXsbk

We will continue to update the page with resources to help you with your 4-H projects.

### Enrolled in a Livestock 4-H Project?

Planning to Exhibit your 4-H Project Animal?

Livestock exhibitors are required to attend the designated tagging dates and to complete a Livestock Nomination Certificate to designate their project animals. 4-H Leaders and FFA advisors will be asked to sign the completed certificates after the tagging to complete the nomination process. In the months leading up to the County Fair, exhibitors will be asked to complete an entry form confirming show intentions and identifying the number of livestock pens needed.

### The 2022 "Guide for Livestock Exhibitors"

Outline the requirements for showing Junior Livestock in New Mexico can be found on the New Mexico 4-H Website <a href="https://www.nmlbonline.com/documents/2021%20New%20Mexic">https://www.nmlbonline.com/documents/2021%20New%20Mexic</a> o%20Guide%20for%20Livestock%20Exhibitors.pdf

#### **Livestock Nomination Form**

form can be found on our CES website or request a copy by mail or email from the TA or Abiquiu office.

### **Keep in Mind:**

### NO animals will be tagged outside of specified dates or off site.

Exhibitor need not be present at tagging, as long as, proper paperwork is completed and sent with designated representative.

### Tags will cost \$3.50

Tag Replacement pricing: 1st replacement \$3.50; 2nd and beyond \$4.

COVID-19 Safe Practices will us enforced during all In-person events.

Contact Marcella if you have any questions.

### **Enrolled in a 4-H Horse Project?**

Members looking to participate in 4-H Sanctioned Horse Shows are required to submit a Horse Certificate for their 4-H project horse. Horse Certificates need to be completed every year. Horse Certificates are due on **May 1** to the **County Extension Office** and available on our County Website

https://aces.nmsu.edu/4h/documents/4-h-horse-certificate\_form-100l-2\_r-2021\_accessible.pdf

### **Enrolled in the 4-H Rodeo Project?**

By State Rodeo Rules, all contestants must have personal accident insurance and a signed and completed rodeo waiver in the State 4-H Office 15 days prior to the participant's first rodeo of the current year in order for the member to compete in Sanctioned 4-H Rodeos.

This includes the completion of the rodeo safety course.

If hauling, obtain hauling certificate.

**RODEO CARDS ARE ISSUED ANNUALLY** 

https://aces.nmsu.edu/4h/4-h-rodeo.html

### **Teens and Finances**

Financial literacy and managing money are crucial life skills for youth to learn and understand. Important financial information they should know includes:

#### **Needs, Wants and Impulse Purchases**

Financial literacy is an ongoing process and choosing between wants, needs, and impulse purchases is constant throughout life. Teenagers are heavily influenced by what they see online, friends, and their impulses. These influences blur the difference between wants and needs. Your teen may think they need the latest smartphone, video game, or even a car, and will prepare a well thought out rationale. When your teen presents why they "need" something, be firm and give examples of needs versus wants. Learning to budget and create a savings account to purchase a "want" is a great way to teach delayed gratification, a valued life skill.

### Spend Less Than You Earn, Budget, Save, and Invest Early

Most teens understand negative numbers and can be easily related to money. Spending more than they earn, creates a negative balance and no savings. Spend less than they earn, they can pay bills, avoid debt, save for things they want, and invest in their future.

Whether your teen has a job, gets an allowance, or has money from gifts in an account, they should track what they spend and start a simple budget. Most teens are surprised to see where their money goes when they start tracking spending. There are many tools available including budget templates and free apps to help guide and assist them developing a budget.

Encourage teens to set goals for their savings including how much to save, how much for their "wants", and how much to invest. Using visuals helps when teaching about investing showing how even small amounts invested early and regularly grows over time.

#### Perils of Credit Cards and Good vs. Bad Debt

It is imperative to educate teens about the risks of credit cards and the importance of using them properly. Helping them to understand that relying on credit cards can create a vicious cycle of debt, but if used appropriately credit cards can a great tool in building credit.

Understanding the difference between "good" and "bad" debt is helpful when considering a loan. Whether it is a student loan, vehicle loan, or making a credit card charge, it is important to have the understand their potential impact.

"Good debt" can be a loan helping reach a goal. A student loan leading to a degree and employment or advancing a career can be considered good debt. Alternatively, relying solely on student loans can create a large amount of debt.

Depending on the initial amount borrowed, the loan's interest rate, and repayment habits, it can take many years to repay student



loans. In a 2013 survey, student loan repayment average was 20 years. Consider all options before taking out massive student loans.

Often youth are unaware or excluded from family finances and do not understand related challenges. Being transparent, realistic, and allowing them to be active learners in managing finances can be the most influential tool we can use.

Article from: Newt McCarty, State 4-H Aggie Next Step State Agent

3 out of 4 teens don't feel confident

in their personal finance knowledge

and 73% want more personal

finance education

### NM YOUTH RANCH MANAGEMENT

<u>CAMP:</u> JUNE 12-17, 2022 at the CS Ranch, Cimarron, NM!!! APPLY NOW: <a href="https://nmyrm.nmsu.edu/">https://nmyrm.nmsu.edu/</a>.

"Helps youth appreciate the 'why' behind ranching." Application site will be closed May 6, 2022. Completed applications will be reviewed by the NMYRMC Committee and applicants notified of acceptance by May 13, 2022. The registration fee of \$300, scholarships available. A total of 30 participants will be invited to this year's camp with three of those openings reserved for out-of-state youth. Event open to ages 15-19.





Northern New Mexico
Regional Art Center along with
the Ouilters Corner will host



### MAKING KIDS QUILTS For Law enforcement Giving Kids Quilts for Safety

3 SATURDAYS IN

MARCH 5<sup>TH</sup>, 12<sup>TH</sup>, AND 19<sup>TH</sup>

10AM-1PM

IN THE EDUCATION CENTER (OLD POST OFFICE)

702 BOND STREET

ESPANOLA, NM 87532

CALL GABRIELA AT 505-946-8422 OR JULIE AT505-747-6745 \$5 DONATION





Barbie Goebel is looking to sale these lambs on a budget cost. She lives near Maxwell NM2. Lambs are castrated and vaccinated, please call her for more information at 575-375-2972.

Gavilan Goat Company (505) 320-6966 4H-FFA show wethers, weaned 57 on this week.





Full Size Flyers are available on our County 4-H Facebook page: <a href="https://www.facebook.com/rioarriba4h">https://www.facebook.com/rioarriba4h</a> or by request.







### VIRTUAL OPPORTUNITIES!





New Extension Program this Spring, and it is FREE!!! Webinar Wednesdays will occur once a month from February through April, and feature Purdue Experts talking about timely and important topics for your horse care. All sessions are at 7 pm Eastern, and it is free to attend, but we do ask that you register. <a href="https://tinyurl.com/3vxtxn88">https://tinyurl.com/3vxtxn88</a>



#### What: Idea/Information Sharing for 4-H Volunteer Leaders via Zoom

An extension agent or 4H volunteer will present about 5-7 minutes on a topic and open up for sharing from participants for remainder of the 10 minutes. Sessions will be recorded and shared on the State 4-H website. Since the scheduled Take 10 sessions will only focus on one small part of a larger topic, additional videos and resources will also be found on the State 4-H website under the selected Take 10 topic.



When: 1st Thursday of the month at 12:30pm (bimonthly)

Dates/Topics:			
<b>January 6, 2022</b>	<b>July 7, 2022</b>		
Mental Health	TBD		
March 3, 2022	September 1, 2022		
County Contests	TBD		
<b>May 5, 2022</b>	November 3, 2022		
TBD	TBD		

View Previous Sessions at: https://aces.nmsu.edu/4h/take-10-with-4-



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If you are an individual with a disability and need an auxiliary aid or Service, please enter your required accommodations on Form 300 A-3 and notify your County Extension Office.

New Mexico State University is an equal opportunity/affirmative action employer and educator. NMSU and the U.S. Department of Agriculture cooperating.



Opportunity from Penn State Extension!
4-H National Virtual Cooking Challenge.
All 4-H's are welcome!
Ready to put your taste to the test?
Flaunt your noodle know-how? This is the place for 4-H'ers to show off their kitchen skills. Register now at

4h.zsuite.org/external-eventregistration/10767 or contact Suzanne Boarts from Pennsylvania 4-H (email sab25@psu.edu) for details.



Senior Individuals and Teams: April 9, 2022 Junior Individuals and Teams: April 23, 2022





# Tell us about it Tuesday -4-H Contest Edition

Review 4-H Contests to help you plan how to prepare for County 4-H contests.

Here are the links to view the videos:

4-H Cloverbud Activities:

https://video.link/w/d RVmc

4-H Skill-A-Thon and Bowl Contests:

https://video.link/w/3t

vkc

4-H Demonstration and Presentation Contests:

https://video.link/w/w

4-H Identification and Applied Knowledge Contests:

https://video.link/w/Js Rgc

4-H Judging Contests:

https://video.link/w/5x Bec

4-H Shooting Sports Contests:

https://video.link/w/ja Hcc

Contest Guidelines available at https://rioarribaexten sion.nmsu.edu/4h.ht ml



## ATTENTION ADULT 4-H VOLUNTEERS! IT IS TIME TO COMPLETE THE ANNUAL WORKING WITH MINORS TRAINING.

You may complete the training through the Selfpaced model on Zsuites: <a href="https://4h.zsuite.org/">https://4h.zsuite.org/</a> Instructions available at:

https://rioarribaextension.nmsu.edu/documents/zsuite-instructions-for-volunteers---10-02-20.pdf

Have you completed the model in past years? Here are the steps to complete the training for this year:

- 1. Click on Clover Academy on left menu bar
- 2. Launch Clover Academy
- 3. Open NM Working with Minors (even though it says completed)
- 4. Under 'You have earned a certificate' is a button that says[Reset All Course Progress for New Year (Cannot be undone.)]
- 5. Click on the blue 'Reset All Course Progress for the New Year (Cannot be undone)'
- 6. Start Course
- Complete course and a certificate will be available with the completion date. The county 4-H Zsuite administrator should be able to see the volunteer completion on his/her county page.

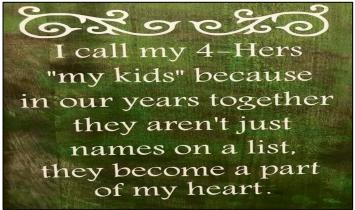
Or schedule a Training meeting at your next club meeting.



#### **HOW TO MAKE A MOTION**

Let the President know you would like to make a Motion. Wait until the President calls on you and then begin by stating..." I move..." After the main Motion is made, it must receive a second, to support the action. This is done by having a member stand and state..."I second the motion." President: "It has been properly moved and seconded that we... Is there any discussion?" Discussion allows for reasons for supporting or opposing the motion to the group. When discussion ends, the President calls for a vote of the members at the meeting. President: "We will now proceed to vote. All those in favor of the main motion, signify by saying "Aye." All those opposed say, "Nay." If a majority of the members support the motion...President: "Motion passes." If the majority are opposed...President "Motion fails." President taps the gavel.

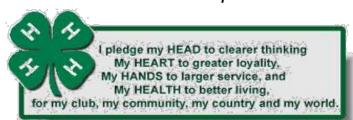
> SAVE THE DATE 4-H Horse School will be June 6-9, 2022



New Mexico 4-H Leaderline January – February – March 2022 issue is able online at

https://aces.nmsu.edu/4h/documents/leaderline\_january-february-march-2022\_accessible.pdf

Remember to Check our Rio Arriba 4-H Facebook Page for more events and continuous updates!



### Marcella Talamante, Extension 4-H Agent



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Cooperative Extension Service

Fix Arriba County Extension Office

### **Dates to Remember...**

March 7: Deadline to Add/Delete 4-H Projects Reminder

March 7: Deadline for New 4-H Enrollments

March 13: Daylight Savings Time Begins

March 17: St. Patrick's Day

March 21: County Contest Interest Forms Due

March 25: Youth Get Away Registration Deadline

March 26: Home Ec. School

**April 2: Senior Shooting Sports Contest** 

April 17: Easter

April 22-24: Youth Get Away

April 29-30: Goat, Sheep, Swine Tagging Days





### **RIO ARRIBA COUNTY 4-H CONTEST**

Office Use Only: R2.22

### INTEREST FORM - County Contests will be planned based on interest received.

Return by March 21, 2022 to the Extension office or Email to losojos@nmsu.edu

Member Name: Email address to where y	you would like updates sent:		4-H Age Group: ☐ Cloverbud ☐ Novice ☐ Junior ☐ Senior	
Note: Membe <i>K</i> ee	rs must first participate p in mind the various Cou	□ \/ I	y for District and State lev Times and Locations noted b	rel competitions. Delow. Locations to Be Determined  (See Contestant Entry Form for details) Favorite Foods □ Nutritious Snack/Beverage □ Bread □ Sandwich □ Main Dish □ Salad □ Fruit/Vegetable Recipe Title:
Cloverbud Activities (Ages 5 to 8 and in the 2 <sup>nd</sup> grade):  □ Presentation - Show N Tell □ Public Speaking - Poetry/Nursery Rhymes □ Cloverbud Decision Making			ent Show vorite Food Show	
Co	ounty 4-H Contest descript	ions and guidelines are available	at http://rioarribaextension.nms	su.edu/

Or can be requested at **call 505-685-4523 or 575-588-7423**.

Remember: District Contest Rules govern Novice and Junior contests; State Contest Rules govern Senior Contests.

NE District Shooting Sports Contest: June 14, Raton | Northern District 4-H Contests: June 27-29, Farmington

State 4-H Judging Contests: July 6-9, Las Cruces

Note: Schedule is subject to change due to State Health Mandates and NMSU COVID Regulations.