

# MAKING A DISASTER SUPPLIES KIT

During a disaster, you may have to evacuate quickly. You might not have time to gather all the supplies you need. That is why it is important to make a disaster supplies kit.

Remember to pack enough food, water, and supplies to last for three days for each person in your family. Place the supplies into a duffel bag or a backpack. Ask your parents to keep kits at home, at work, and in their cars.

## Below is a list of sample list of items you need to have in your kit!

- Canned or dried foods that won't spoil
- Can opener that turns by hand
- Water (one gallon for each person each day)
- Flashlight
- Radio
- Extra batteries for the flashlight and radio
- First aid kit and handbook
- Soap, toilet paper, toothbrush, and other items to keep you clean
- Extra clothing and blankets
- Forks, spoons, knives, and paper plates
- Eye glasses and medicine
- Whistle
- Copies of IDs and credit cards
- Cash and coins
- A map of the area
- Baby food, bottles, and diapers
- Pet food if you have a pet

## If you live in a cold area, you and your family have to think about staying warm! Include these other items in your kit:

- Jackets and coats
- Long pants and long sleeve shirts
- Sturdy shoes or boots
- Hats, mittens, and scarves
- Sleeping bags and warm blankets

Remember to update your disaster supplies kit at least once a year!

